#### **HOW TO BE AN EFFECTIVE FACILITATOR CHECKLIST**

### □ Be prepared

- Understand goals of group
- Be familiar with the subject matter
- Come with discussion questions
- Anticipate participant questions or thought processes

# ☐ Set a relaxed and open tone

- Welcome everyone
- Provide refreshments
- o Use humor
- o Focus on differences in opinion, not in personality

# ☐ Establish clear ground rules with the consensus of the participants

- o Mutual respect and openness
- Spirit of collaboration and listening
- o Encourage participation from all
- No personal attacks over differences in opinion
- Maintain confidentiality to encourage openness

### □ Identify the goal or purpose

- Know why you are there
- o Review the agenda with the participants, ask for feedback and make adjustments

#### □ Facilitate interaction

- Guide discussion based on ground rules while remaining neutral
- Keep group focused on topic
- Monitor communication
- Consider small groups for more open communication
- Only intervene when it is clear that the group is widely off-topic
- Allow participants to respond to each other's questions first
- o Allow the group to have a moment of silence after you ask a question
- Involve everyone
- Reestablish ground rules if discussion turns into debate

### ☐ Help the group with content

- Consider a wide range of views with pros and cons
- o Ponder what values & concerns influence the group's beliefs
- Summarize the discussion as it moves along
- o Identify common ground



Make the discussion productive by asking follow up questions

## ☐ Reserve adequate time – at least 20 minutes – for closing

- End on a positive note
- Ask for final comments/questions
- o Ask for new ideas stemming from the discussion
- o Remind the group of the next meeting and its tentative agenda
- Thank everyone for contributing
- Acknowledge difficulties & hard work
- o Evaluate the group's effort

#### **Effective facilitators:**

- ✓ Ask, don't tell
- ✓ Compliment individuals personally
- ✓ Build relationships by moving away from being constantly task-oriented
- ✓ Initiate the conversation
- ✓ Ask for opinions, rather than offering own
- ✓ Listen without interrupting
- ✓ Are empathetic
- ✓ Draw energy from the group and activities
- ✓ Build on intuition, not just facts
- ✓ Look people in the eye
- ✓ Are persuasive, enthusiastic, and outgoing
- ✓ Act like a counselor or a coach
- √ Have a sense of curiosity about people
- ✓ Keep the big picture in mind while working on the details

