

Well@Work Clinic Update

Presented by Terri Bopp, Benefits Manager

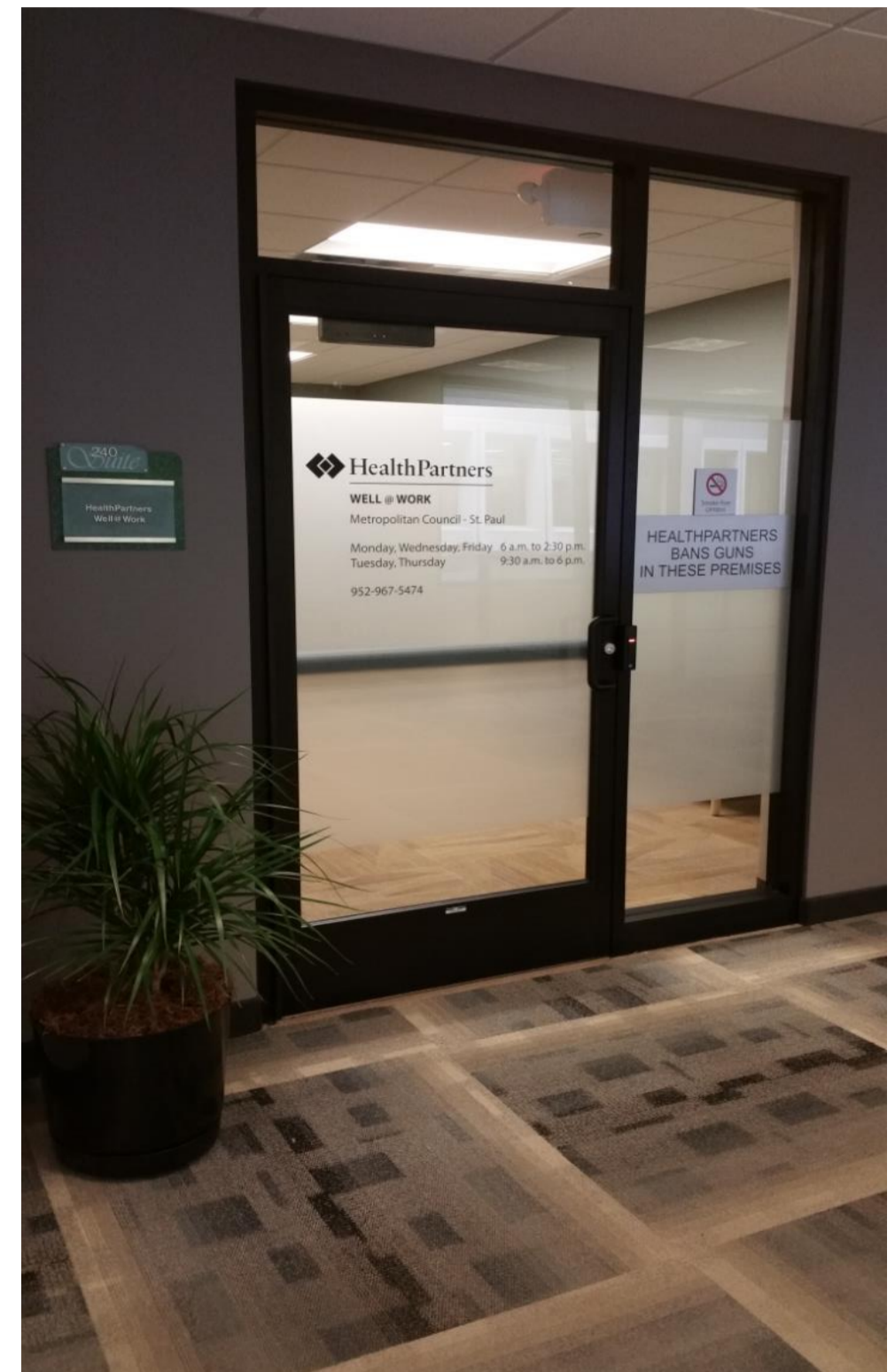
Management Committee 5-24-17



Clinic objectives

Clinic opened February 25, 2016

- Medical care at discounted rate
- Disease management
- Generic drugs at wholesale cost
- Productivity savings
- Convenient preventive care
- Employee recruitment and retention
- Support culture of wellness



Medical care at discounted rate

1,657

total visits

324

employees visited clinic
35% of eligible

7

average visits per day
(8 to break even)

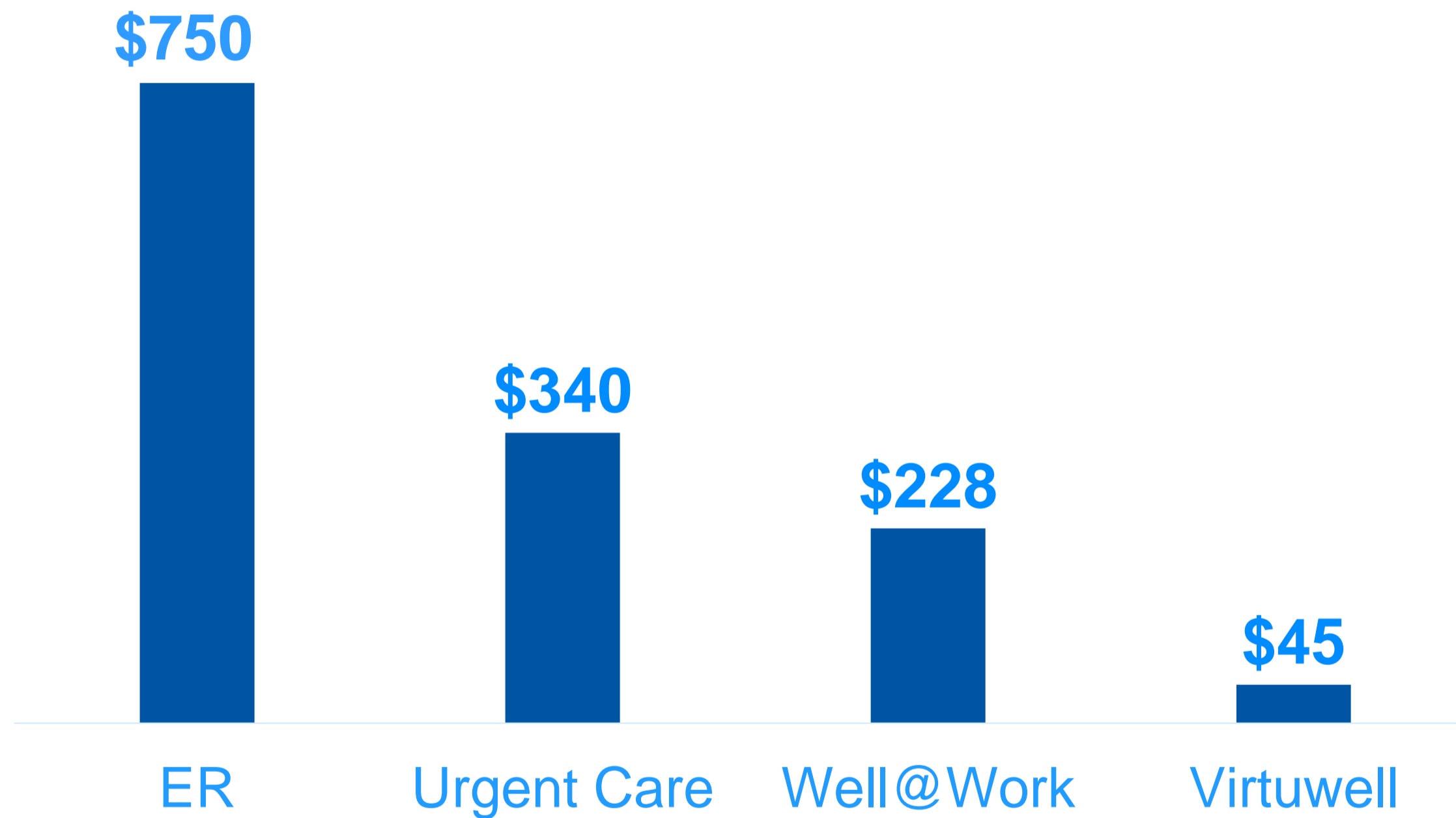
\$228

average cost per visit
(\$219 break even)

50%

of clinic capacity – more
visits will drive down
average cost

Better care choices decrease costs



Well@Work Opportunity

based on 2016 claims data

15%

of low acuity visits seen in optimal care setting

9,296

employee medical visits eligible for Well@Work

1,089

employee urgent care visits eligible for Well@Work

769

employee ER visits eligible for Well@Work

1,405

employee Well@Work visits

Generic drugs at wholesale cost

Clinic year one

2016 claims data

- Top drugs dispensed:
 - Cardiovascular agents – high blood pressure
 - Anti-infective agents - antibiotics
 - Respiratory agents – asthma inhaler
 - Endocrine and metabolic drugs - diabetes
- 884 generic prescriptions dispensed

- 88.7% filled generic
- Average cost:
 - Generic \$21.74
 - Brand \$343.74
 - Specialty \$5,268.74

Disease management – 19% of clinic visits

Related top visits

- Hypertension, elevated blood pressure (85 visits)
- Hyperlipidemia, diabetes, obesity (49 visits)
- Cough, asthma, shortness of breath (49 visits)

Opportunity

- Proper management can significantly reduce members' cost of care
- Members who adhere to medications have 58% lower probability of hospitalization within next 16 months
- 3% of employees with diabetes had a Well@Work visit

Estimated productivity savings

4,143 hours

2.5 hours saved per visit

\$127,149

Based on average employee
hourly rate

Prevention & Engagement

- Convenient preventive care: 17% of visits
- Vaccines and Immunizations: 7% of visits
- Employee recruitment and retention
 - Employment brand message for recruitment
 - Visible organization support for culture of wellness
 - Employee access supports retention

Expand Well@Work to Heywood Campus

- Opportunity: 1500 eligible employees near campus

15%

of low acuity visits seen in optimal care setting

9,296

employee medical visits eligible for Well@Work

1,089

employee urgent care visits eligible for Well@Work

769

employee ER visits eligible for Well@Work

Expand Well@Work to Heywood Campus

- 2016 Metro Transit member experience
 - 8.7% diabetic
 - 48.9% obese BMI
 - 35.2% low physical activity
 - 6% pre-diabetic
 - 73% unnecessary ER visits
- Impact Bus Operator population
 - Operator incentive to be healthy
 - Missed work is filled on overtime

Request

- Include Heywood clinic build-out in 2018 budget
- Fund build-out from self-funded medical reserve fund
- LMBAC and ATU support funding build-out