# REGIONAL PARKS AND TRAILS PLANNING HANDBOOK





# The Met Council's mission is to foster efficient and economic growth for a prosperous metropolitan region

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The Met Council is the regional planning organization for the seven-county Twin Cities area. The Met Council operates the regional bus and rail system, collects and treats wastewater, coordinates regional water resources, plans and helps fund regional parks, and administers federal funds that provide housing opportunities for low- and moderate-income individuals and families. The 17-member Met Council board is appointed by and serves at the pleasure of the governor.

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# **1 Section One: Introduction and Engagement Summary**

2 The Met Council develops, implements, and updates the Regional Parks and Trails Policy Chapter

3 (policy chapter), as part of the Imagine 2050 regional development guide. The policy chapter

4 implements Imagine 2050's vision, goals, and values. It also includes the Regional Parks and Trails

5 System's vision, mission, and values, as well as its objectives, policies, and actions that describe how

6 the Regional Parks and Trails System will act on its visionary and aspirational direction in partnership

7 with the 10 regional parks and trails implementing agencies.

#### 8 Resources for the Regional Parks and Trails Policy Chapter

- 9 This Regional Parks and Trails Planning Handbook and the <u>Grants Administration Guide</u> are resources
- 10 that complement the policy chapter.
- 11 The planning handbook contains more detailed procedural guidance on how the policy chapter's
- 12 policies and actions are implemented. It is a resource guide developed primarily for implementing
- agency and Met Council staff. It contains policy content requirements, agency-Met Council processes,

14 and planning resources. It provides guidance on the requirements and processes related to agency

15 long-range planning and system protection requests, as well as to serve as a resource for more

16 information, examples, and best management practices.

17 Requirements and processes detailed in the planning handbook carry the same authority as those

18 outlined or previewed within the policy plan. For example, the policy plan outlines the required

19 components of long-range plans developed by regional park implementing agencies for each unit of the

20 Regional Parks and Trails System, while the planning handbook details the specific content that must

be included within each of these components. The planning handbook will continue to evolve and develop as agency and Council staff work together to enhance, grow, and promote the Regional Parks

develop as agency and Council staff work together to enhance, grow, and promote the Regional Parks and Trails System. For example, regional park implementing agencies occasionally seek guidance from

24 Council staff on how to fulfill specific long-range plan requirements. Excerpts of long-range plans or

additional guidance on how to meet requirements may be included in future versions of the planning

26 handbook.

27 The Met Council administers a wide range of funding sources and grant programs for the 10 regional

28 park implementing agencies as directed by the Minnesota Legislature. The Grants Administration Guide

29 provides an administrative overview for managing these state and regional funds. Since legal

30 requirements for these programs vary, the Met Council helps to ensure compliance with all relevant

31 requirements.

1 Figure 1-1. Met Council Planning Document Relationships



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#### 3 Organization

- 4 The planning handbook follows the organization of the 2050 Regional Parks and Trails Policy Chapter:
  - Section One: Introduction and Engagement Summary
  - Section Two: System Plan
  - Section Three: Natural Systems
  - Section Four: Climate Resilience
  - Section Five: Planning
  - Section Six: System Protection
  - Section Seven: Recreation, Facilities, and Activities
- 12 All finance procedures are contained in the Regional Parks and Trails Grant Administration Guide.

## 13 Amending the Handbook

- 14 The planning handbook is a reference document meant to primarily serve implementing agency and
- 15 Met Council staff. It will be updated as needs arise, and resources become available.
- 16 The policy chapter is updated on a four-year cycle. Since the planning handbook is a complementary
- 17 document to the policy chapter, this update process offers an ideal opportunity to update the planning
- 18 handbook as well. Met Council Parks and Trails staff will partner with implementing agencies, the
- 19 Metropolitan Parks and Open Space Commission, the Community Development Committee, and the
- 20 Metropolitan Council on these updates.
- Staff will seek Council approval of the planning handbook for any updates that directly impact or necessitate implementing agency action, including:
- Section Three: Process and Criteria for System Additions

- Section Five: all except Design Considerations
  - Section Six: Land Conversion Process

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• Section Seven: Recreational Activities Evaluation Process and Process for Including New Activities or Facilities.

However, staff will not seek Council approval for minor changes to the resources, tools, or contextual
information within the planning handbook. Such updates are meant to provide implementing agency
staff, Council staff, and others with helpful information that facilitates planning processes and
accomplishing shared goals. Staff will share these types of modifications or updates with the
Metropolitan Parks and Open Space Commission as an information item at the time such changes are
proposed.

# 11 Met Council Regional Parks and Trails System research and engagement summary

The existing conditions assessment, recent research, and engagement efforts provided a foundation for the development of the Regional Parks and Trails System's vision, mission, values, objectives, policies, and actions. This section summarizes three sets of research and engagement findings, including:

- Adventure Close to Home: Connecting Youth to the Regional Park System (2021)
- Regional Parks and Trails Visitor Study (2021)
  - Community and targeted engagement about Regional Parks and Trails (2020-2024)
- This content is meant to complement research and engagement information summarized for the region
  and other Met Council systems at the beginning of Imagine 2050. Connections to research and
  engagement are called out in different sections of the policy chapter.

# 21 Connecting Youth to the Regional Parks and Trails System

22 The Regional Parks and Trails System protects valuable natural systems, preserves wildlife habitat,

23 and offers opportunities to enjoy nature close to home. Connecting teens with these outdoor

- opportunities contributes to a healthy, equitable region and offers an opportunity to strengthen support
   for the Regional Parks and Trails System into the future.
- 26 By 2040, young people of color will account for more than half of all people under 18 years old.<sup>1</sup>
- Connecting these youth to the outdoors deserves high priority for future support of the Regional Parks
   and Trails System and for providing equitable access to outdoor experiences.
- 29 The Met Council examined the needs and preferences of multicultural and multiracial youth and
- 30 identified potential opportunities for regional park implementing agencies. The Met Council served as
- 31 the lead partner of the research team, which included members of youth-serving community
- 32 organizations, and professional staff from park implementing agencies.

<sup>&</sup>lt;sup>1</sup> Metropolitan Met Council (2021) Adventure Close to Home: Connecting Youth to the Regional Park System (1):1.

- 1 The project included an engagement process that connected youth organizations and members of
- 2 affected communities to the park implementing agencies. Project researchers used qualitative methods
- 3 including multifaceted field experience, interview data, analysis of photos taken by youth, focus
- 4 groups, and youth-led discussion groups to compile details and validate data.

5 The findings and recommendations cover a broad range of issues for youth and other community 6 members, including outdoor skills, in-park racism, cultural climate, preferred park activities, time 7 constraints, and transportation obstacles in accessing the parks.

8 The recommendations focus on time and resources for three sectors of the regional park and trail 9 system: (1) regional park implementing agency funding, policies, and planning; (2) programming and 10 outreach staff; and (3) long-range plan approval and research from the Met Council. The 11 recommendations are intended to help us reach desired outcomes, including:

- Develop partnerships with affinity groups and constituent-led organizations
- Develop, adapt, and implement models that overcome obstacles in connecting youth to parks
- Invest in inclusivity through staffing, programming, research, capacity-building, and dialogue
- Develop, adapt, and implement programming and outreach models that value youth's prior
   experiences
- Connect youth to parks to strengthen equitable usage, conserve high-quality natural systems, and provide a comprehensive Regional Parks and Trails System.

#### 19 Regional Parks and Trails Visitor Study

The 2021 Met Council Park and Trail Visitor Study<sup>2</sup> shares survey findings from people visiting parks and trails in the seven-county Twin Cities region. The survey was conducted to:

- Help inform planning, policy, and management.
- Evaluate and strengthen equitable usage of regional parks and trails in accordance with the
   2040 Regional Parks Policy Plan.
  - Update data in funding formulas to help determine where funding goes for parks and trails.

The survey gathered information from visitors about their reasons for visiting, activities they participated in at the site, how they planned their visit, transportation to the park, group size, seasonal visitation, demographic information, and more.

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<sup>&</sup>lt;sup>2</sup> Metropolitan Met Council (2021) 2021 Parks and Trails Visitor Study.

#### 1 Are visitors satisfied with their experiences? What improvements do they suggest?

89% of visitors reported that the facilities on the day of their visit were "excellent" or "very good." Visitor satisfaction was similar across the system. Satisfaction was slightly lower in mature systems with older

- 4 facilities (Minneapolis and Saint Paul).
- 5 Visitors were asked to name one thing that would improve their visit. For parks, the top suggestions
- 6 were related to "general maintenance" (20%), followed by "nothing at all" (16%). The most popular
- 7 suggestions were basic improvements like bathroom and drinking water access, trail conditions, and

8 improved signage/information. Park agencies discussed the need for adequate funding to provide the

- 9 basic amenities the public needs and how bathroom and water access are key to making new and
- 10 underserved visitors comfortable in the regional park system.

# 11 Who visits regional parks and trails?

- 12 Systemwide, 38% of visitors are from outside the geographic area of a given park agency ("nonlocal") 13 and 62% are visiting from within the park agency's boundaries.
- 14 New and infrequent visitors represented 18% of parks visitors and 6% of trail visitors. Their answers to 15 the survey questions can help us understand how to attract new visitors.
- 16 Adults aged 45 to 64 represent the largest share of visitors. Teens, young adults, and adults older than
- 17 75 are underrepresented at our parks and trails. Adults aged 25-44 are also underrepresented on our

18 trails. Ramsey, Dakota, and Scott counties have the greatest disparities in young people's visitation,

- 19 with Bloomington, Three Rivers Park District, and Anoka County having the smallest disparities.
- 20 Asian American, Black, and Latino visitors are underrepresented relative to the regional population of
- 21 each group. Visitors aged 18-24 were more racially/ethnically diverse than older visitor groups. Carver,
- Anoka, and Washington counties have the smallest racial/ethnic disparities relative to population, while
- 23 Dakota County, Minneapolis, Three Rivers, and Bloomington have the greatest. Disparities are even
- 24 higher for regional trails.
- 25 How do visitors travel to regional parks and trails?
- 26 Visitors traveled to parks mostly in cars (59%), but they traveled to trails via mostly people-powered
- 27 methods (81% by bike or foot). Urban core regional parks and trails have higher rates of people-
- 28 powered transportation compared with other parts of the region.

# 29 What do people do in parks and trails?

- 30 Primary activities are those reported by visitors as the main reason they visited on that day. The top five
- 31 primary activities of summer day visitors to the regional parks are walking/hiking (33%), dog
- 32 walking/dog park (13%), biking (10%), swimming (6%), and jogging/running (5%).
- 33 The top five primary activities of summer day visitors to the regional trails are biking (48%),
- 34 walking/hiking (25%), jogging/running (9%), dog walking/dog park (6%), and commuting (4%).
- The five most popular activities (when visitors could report all the activities they were doing) in the regional park system are hiking/walking (55%), relaxing/doing nothing (27%), observing nature (27%), biking (22%), and meeting up with family or friends (18%).
- The five most popular activities on regional trails are biking (54%), hiking/walking (41%), dog walking/dog park (16%), jogging/running (16%), and observing nature (15%).

- 1 All visitors, regardless of social characteristics, enjoyed a diverse range of activities. Analyzing activity
- 2 patterns among underserved users, however, may help identify how to better serve these communities
- 3 at parks and trails.

#### 4 Community and Targeted Engagement

- 5 Since 2020, Met Council staff have attended and hosted many community engagement events as a
- commitment to fostering relationships with the many stakeholders of the Regional Parks and Trails
   System, such as regional park implementing agencies, local organizations, other partners, and
- System, such as regional park implementing agencies, local organizations, other partners, and
   residents. As park and trail use inequities persist, a focus on underserved communities is essential –
- and consistent with the Met Council's community-centered engagement framework. Engagement
- 10 events include participation at fairs and festivals, hosting focus groups, and supporting research
- 11 studies.
- Like existing conditions and research, engagement informs the vision, mission, values, objectives,policies, and actions. Community and targeted engagement summarized in this space include:
- Future Forest: Love Letters to Regional Parks
- Monarch Festival
- 16 LGBTQ+ Perspectives in Parks
- 17 Young Leaders Collaboration

# 18 Future Forest: Love Letters to Regional Parks

- At the 2020 Art Shanty event on Lake Harriet in Minneapolis, Met Council staff invited people to write a love letter to a regional park and chat with naturalists about tree canopy and climate change. One tree was planted for every five letters written. Visitors wrote over 4,000 letters expressing their love for their favorite regional parks.
- 23 Key themes included:
- Human connection
  - Connection to place
  - Natural resources
  - Mental health/feelings and emotions
  - Physical health
  - Recreation

# 30 Monarch Festival

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- 31 Met Council has staffed a table at the Monarch Festival at Lake Nokomis annually since 2020 to
- engage visitors by asking an applicable question in exchange for a reward. The festival embraces Latin
   culture and celebrates the migration of monarch butterflies from Minnesota to Mexico.
- In 2020 and 2021, Met Council staff invited people to find their "naturehood" on regional park maps,
  raising awareness of where regional parks are located and potential activities at regional parks. In
  2021, Met Council staff asked, "What do you love about parks?"
- In 2022, Met Council staff asked visitors, "What do you like to do in nature?" and "I feel at home or
   comfortable in nature when\_\_\_\_". Themes from 2022 included:
  - Felt at home while doing an activity
  - Cleanliness is important

- Knowing the area is important (importance of signage/wayfinding)
- People feel at home when they are connected to certain aspects of nature (trees, space, flowers, lakes)
- In 2023, Met Council staff asked visitors, "What can a butterfly teach us about the land we all share?" to
   inspire ideas about the connections between butterflies, humans, and land. Themes from 2023
- 6 included:

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- Borders of land are a human construct
- Interconnectedness between humans and the environment
- It is our duty as humans to nurture our natural systems
- Large appreciation and connection to the wrapped "We Are on Dakota Land" bus

# 11 LGBTQ+ perspectives in parks

- 12 At the urging of regional park implementing agencies, the Met Council hosted three focus groups to
- 13 better understand perspectives within the Lesbian, Gay, Bisexual, Transgender, Queer, Plus (LGBTQ+)
- 14 communities on representation, possible barriers, and visions for the future of parks. The participating
- 15 organizations were Urban Bird Collective, Solcana Fitness, and Macalester College Outing Club. Each
- 16 group is run by LGBTQ+ leaders with members from across the region.
- 17 Recommendations include:
- Create more affinity group programs that support learning and feelings of safety.
  - Provide resources to build confidence and a desire to return.
    - Involve naturalists and outreach staff that reflect the community.
    - Listen to and support LGBTQ+ staff's experience.
    - Use more inclusive language and comprehensive information.
- A graphic-rich story map discussing takeaways from these focus groups is available here:
- 24 https://arcgis.metc.state.mn.us/portal/apps/storymaps/stories/b0421951338244429d643021412934f0

# 25 Young leaders' collaboration

- Young leaders from the Environmental Stewardship Institute and other regional organizations participated in a Met Council-sponsored workshop series where they conducted research of diverse youth in the region to create parks policy recommendations. Interviews of young people combined with discussion and analysis resulted in the creation of recommendations. Below are the "Directives for the 2050 Regional Parks Policy Plan":
- Parks are safe for everyone regardless of gender, race, or ability.
  - Our parks are accessible and safe for the youth of the region.
- Our parks are biodiverse, clean, and well-kept; our parks and trails receive adequate funding to
   maintain them free of litter or pollution.
  - Our parks facilitate the need for relaxation for the busy youth of this region.

# 1 Section Two: System Plan

2 The Regional Parks and Trails System Plan (system plan) in the policy chapter includes policies and

actions that address research, mapping needs, and management for the parks and trails system. The
 system plan lists each regional park or trail that is in the system, including current regional parks and

- 5 trails that are open-to-the-public, planned, and search areas/corridors.
- 6 The planning handbook's system plan section contains a description of the recreational system within
- 7 which the Metropolitan Regional Parks and Trails System exists. This section also includes maps of the
- 8 regional parks and trails for each implementing agency.

# 9 Minnesota Outdoor Recreation System

- 10 State and Federal recreational parks and open space are often large-scale natural settings that draw
- 11 visitors from across the state and beyond. They serve similar recreational needs as the Regional Parks
- 12 and Trails System. Local recreational open space facilities provide active recreation, such as athletic
- 13 fields, courts, and aquatic centers. Private operations also make substantial contributions to the
- provision of recreational facilities and services, including golf courses, riding facilities, marinas, day
- 15 camps, downhill ski areas, and privately owned public spaces (Figure 2-1).

# 16 National Parks and Federal Lands

- 17 The Twin Cities region includes the Minnesota Valley National Wildlife Refuge and two national parks,
- 18 the Mississippi National River and Recreation Area and the St. Croix National Scenic Riverway.

# 19 Minnesota Valley National Wildlife Refuge

- 20 The Minnesota Valley National Wildlife Refuge is a corridor of land and water along the Minnesota
- 21 River that stretches from Bloomington to Henderson and is managed by the U.S. Fish and Wildlife
- 22 Service. The refuge was established in 1976 to provide habitat for many migratory waterfowl, fish, and
- 23 other wildlife species threatened by commercial and industrial development, and to provide
- environmental education, wildlife recreational opportunities, and interpretive programming for TwinCities residents.

# 26 Mississippi National River and Recreation Area

- The 54,000-acre Mississippi National River and Recreation Area (NRRA) was established in 1988 and is a unit of the National Park Service. The National Park Service owns very little land within its borders
- 29 but partners with local governments, state agencies, and organizations to protect the significant
- 30 resources along the 72-mile stretch of river running through the region. Several regional parks and
- 31 trails, which are owned and operated by regional park implementing agencies, are located within the
- 32 corridor. Additionally, 72 miles of the Mississippi River and four miles of the Minnesota River have been
- 33 designated as the Mississippi National River and Recreation Area Water Trail, a national recreational
- 34 amenity.

#### 1 Mississippi National Water Trail

2 The National Park Service's management of the National River and Recreation Area (NRRA) is guided

3 by the <u>Mississippi National River and Recreation Area Comprehensive Management Plan<sup>3</sup> The</u>

4 National Park Service emphasizes how future acquisitions in the river corridor can serve both

5 conservation and recreational purposes, aligning with NRRA's objectives of safeguarding the river's

6 ecological health while enhancing public access. The NRRA Comprehensive Management Plan calls

for undeveloped areas above the Interstate 694 bridge to be acquired to support a more continuous
 public open space along the river.

o public open space along the niver.

# 9 St. Croix National Scenic Riverway

A portion of the St. Croix National Scenic Riverway is within the region. The St. Croix National Scenic Riverway is a unit of the National Park Service located on the St. Croix River and the Namekagon River in Wisconsin. The National Riverway includes the two rivers and their riparian areas and occupies the boundary between Wisconsin and Minnesota. The St. Croix National Scenic Riverway is maintained and managed by the National Park Service and the Minnesota and Wisconsin Departments of Natural Resources.

# 16 State Parks, Lands, and Trails

17 The Minnesota Department of Natural Resources (DNR) manages state parks, lands, and trails in the

region, including Afton, Fort Snelling, and William O'Brien state parks, the Minnesota Valley State
 Recreation Area, and the Brown's Creek, Gateway, Luce Line, and Minnesota Valley state trails. The

20 DNR also provides wildlife management areas for hunting, trapping, fishing, wildlife viewing and other

21 compatible recreational uses. Scientific and natural areas are open to the public for nature observation

22 and education but are not meant for intensive recreational activities.

23 There are six state water trails, and a system of boat and canoe launches that travel through the

24 metropolitan area along the Cannon, Crow, Minnesota, Mississippi, St. Croix, and Rum rivers. The

25 DNR and its government partners actively manage the state water trails for canoeing, kayaking,

26 boating, and camping.

The DNR administers the State Wild and Scenic River System program. This program works with local units of government to preserve and protect these treasured river resources in their natural beauty and

29 quietude, while also providing access and amenities for visitors. Wild and Scenic Rivers that intersect

30 the Metropolitan Region include the Mississippi, Minnesota, Saint Croix, Crow, and Rum Rivers.

## 31 Regional Parks and Trails System

32 The Regional Parks and Trails System is an interconnected network of large, nature-based,

recreational open space parks and trails in the seven-county metropolitan area. The regional system
 primarily consists of lands located in natural settings that provide close-to-home recreation and protect

35 continuous habitat, plant and animal communities, as well as clean water, air, and soil. Typically, these

36 areas are contiguous to lakes, rivers, or other water bodies. Regional parks and park reserves include

37 large areas of land or water that often intersect multiple political jurisdictions. Regional trails may

<sup>3</sup>https://irma.nps.gov/DataStore/DownloadFile/444069

- 1 traverse several communities and provide connections between regional parks, park reserves,
- 2 population centers, and the greater trail network in the region. For more information about the Regional
- 3 Parks and Trails System, please visit Section One of the Policy Plan.

#### 4 Local Parks

- 5 Local recreational open space facilities provide for a large number and variety of recreational activities
- 6 that occur in the metropolitan area. Local parks are often more intensely developed than regional parks 7 and provide facilities for active recreation, such as athletic fields, courts, and aquatic centers. Local
- and provide facilities for active recreation, such as athletic fields, courts, and aquatic centers. Local
   parks are designed to serve a neighborhood or community and are frequently located in residential
- 9 areas.
- 10 Local parks are usually much smaller than regional parks and are located and designed to serve the
- 11 local population, rather than primarily based on natural amenities. Local trails typically provide
- 12 connections between community destinations, such as schools, libraries, and community centers.
- 13 Although local recreational open space areas are not covered by this plan, the facilities and services
- 14 they offer are taken into consideration when long-range plans of the regional system are prepared and
- 15 reviewed.

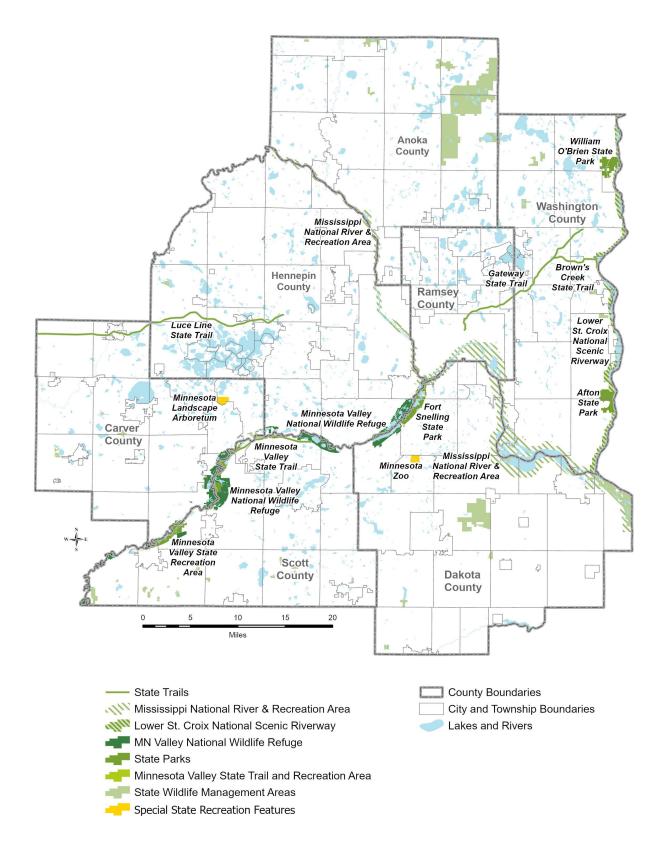
# 16 **Private Recreation**

- 17 Public recreational open space facilities do not meet all the demands for such recreation required by
- 18 the area's residents. Private operations also make substantial contributions to the development of
- 19 facilities and the provision of services. The most prominent facilities provided by the private sector are
- 20 golf courses, riding facilities, gun clubs, marinas, day camps, and downhill ski areas. There is also
- 21 multiple recreational open space areas owned and operated by corporations, employees' associations,
- benevolent associations, and nonprofit social agencies. These private facilities reduce the burden on
- the public sector, provide additional opportunities, and help to preserve thousands of acres of land in
- open space. They complement activities and experiences offered by the public sector.

## 25 Nonprofit Partners

- 26 Nonprofit organizations, such as the Parks and Trails Council of Minnesota, the Trust for Public Land,
- and the Nature Conservancy, have a long history of supporting the outdoor recreation system in the
- region by protecting and restoring natural areas and wetlands, helping to acquire park land, and
- advocating for the importance of recreation and open space.

#### 1 Figure 2-1. National and State Recreation Lands



# 1 Regional Parks and Trails Mapping by Implementing Agency

- 2 The following maps show the regional parks and trails for each implementing agency:
  - Anoka County

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- City of Bloomington
- Carver County
- Dakota County
- 7 Minneapolis Park and Recreation Board
- 8 Ramsey County
- 9 City of Saint Paul
- 10 Scott County
- 11 Three Rivers Park District
- Washington County

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- Page left intentionally blank for Regional Parks and Trails mapping by implementing agency. Implementing agency maps will be added to the planning handbook later in 2025 with the Met Council
- issuance of system statements to all metropolitan communities.

# 1 Section Three: Natural Systems

2 The Regional Parks and Trails System serves as a nature-based recreation system that protects high-

3 quality natural areas. With a focus on the protection, restoration, and enhancement of natural systems,

4 the Met Council is committed to working collaboratively with the ten regional park implementing

agencies to strategically locate and acquire lands for the Regional Parks and Trails System to ensure
 high-quality opportunities and access for all visitors.

# 7 Locating and Acquisition

8 The legislative charge to the Met Council is to prepare a policy plan that "...shall identify generally the

9 areas which should be acquired by a public agency to provide a system of regional recreation open

space comprising park district, county and municipal facilities, which together with state facilities,

11 reasonably will meet the outdoor recreation needs of the people of the metropolitan area and shall

12 establish priorities for acquisition and development" (Minnesota Statutes, section 473.147, subd. 1).

13 The Met Council uses a system addition process to identify and include regionally significant areas for

the Regional Parks and Trails, and to provide a balanced network of outdoor recreation opportunities

15 across the region.

# 16 **Process and Criteria Overview for System Additions**

The Met Council will work with the ten regional park implementing agencies to host a system additions process, which includes evaluating proposed additions to the Regional Parks and Trails System. This process is organized to assess and determine whether the proposed additions are of regional significance and will help provide a balanced system of public outdoor recreation for the metro region. The process of adding a new park or trail or expanding an existing one is illustrated on the following page (Figure 2). Major considerations in determining what lands should be brought into the Regional Parks and Trails System are organized around three primary factors:

- Natural systems foundation: Acquiring lands that protect or restore natural features, help
   protect or improve water quality, provide wildlife habitat, and/or offer opportunities for outdoor
   recreation
  - **Geographic distribution**: Ensuring regional park and trail facilities are evenly distributed around the region or distributed in proportion to the existing and forecasted population
  - **Equity**: The ability to strengthen equitable use of regional parks and trails by all our region's residents regardless of age, race, ethnicity, income, national origin, and ability

Adding a unit to the Regional Parks and Trails System or substantially modifying a long-range plan boundary outside of a Regional Parks and Trails Policy Plan update requires the Met Council to conduct a formal policy plan amendment process that includes a public hearing conducted under the requirements of Minnesota Statutes, section 473.147. For more information about adding to and expanding the Regional Parks and Trails System, see Section Five, Planning later in this handbook, under the Boundary Adjustments sub-header.

The Met Council convenes an evaluation process where the proposed idea may be considered within a
 larger regional context, recognizing that all system additions increase the total cost to complete the
 Regional Parks and Trails System, as outlined in Section Two of the Policy Chapter.

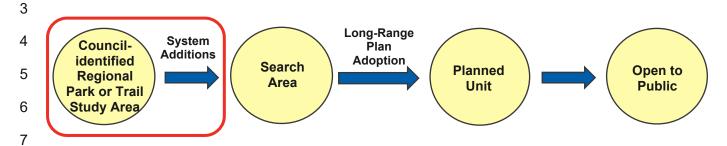
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1 Figure 2: System Additions Process

#### 2 System Additions Overview:



#### 8 Regional Park and Trail Study Areas

9 Typically, new regional parks and trails are proposed as search areas or search corridors based on 10 high-quality natural features or desired connections between units of the Regional Parks and Trails System and other destinations. However, there are instances when a regional park implementing 11 12 agency will propose that an existing park or trail become part of the Regional Parks and Trails System. 13 Such proposals may meet approval if the existing park or trail is able to fill a gap in the Regional Parks 14 and Trails System in relation to the three primary factors listed above (natural systems, geographic 15 distribution, and equity). For example, a park located in the urban core may not have high-quality 16 natural features but may provide opportunities for historically underserved communities through 17 proximity, recreation, community affinity, or programming opportunities.

18 Sometimes prior to the system additions process, a candidate park or trail is identified as a "Study 19 Area" because Council staff need time to assess whether the proposed addition is of regional 20 significance. The proposed area for consideration is called a "regional park or trail study area." This 21 designation does not guarantee that a park will become part of the Regional Parks and Trails System. It 22 simply means that the Met Council, in coordination with the regional park implementing agency who 23 has proposed the addition, will conduct a study to determine whether the facility warrants regional 24 status. Once these studies are complete, the information will be presented to the Metropolitan Parks 25 and Open Space Commission and the Metropolitan Council for evaluation.

The Met Council regularly conducts visitor use studies to understand visitor use patterns, among other things. A key metric measured is local and nonlocal visitation. A local visit means the visit is by someone living within the regional park implementing agency's jurisdiction. Nonlocal visits are by people who live outside the park's implementing agency jurisdiction. Nonlocal visitation is one important variable in several of the regional parks funding program formulas.

The 2021 visitor study showed that the average percentage of non-local visits across the Regional Parks and Trails System was about 38%. As our region continues to grow, and as residents become more aware of the impacts of climate change and a desire to reduce their carbon footprint, staff project that nonlocal visits will continue to decline as visitors choose parks and trails closer to their home. Met Council staff will continue to observe and evaluate nonlocal visitation to ensure this criterion is relevant and appropriate for future Regional Parks and Trails System additions.

Met Council staff, in collaboration with the ten regional park implementing agencies, are preparing the 2025 Visitor Study. This study will again measure local and nonlocal visits and compare the findings to those from the 2021 study. Staff will continue monitoring and reporting on these evolving trends and share insights with the Met Council and park agencies for future decision-making.

#### 1 Process for Moving from "Search Area" to "Planned" to "Open to the Public"

2 Regional parks and trails with a search area or search corridor designation are considered a part of the

3 Regional Parks and Trails System, but they are ineligible for regional funding until the implementing

4 agency completes a long-range plan for the unit and the Met Council approves it. These areas and

5 corridors are defined in intentionally vague terms as they rely on the long-range planning process to

6 identify the future boundaries.

7 After the adoption of the long-range plan, the implementing agency may begin to assemble the land

8 needed for the unit. This process may take one significant acquisition, or it may take a number of years.

9 Once the unit reaches a point of critical mass, the Met Council, in consultation with the regional park

implementing agency, will determine it "open to the public". Once it reaches this point, it's added to the annual use estimate for the system (it should be noted that the "open to public" status will not be

12 reflected in the policy plan until the next update).

13 More information about the long-range planning process can be found in Section Five of this handbook.

# **1 Section Four: Climate Resilience**

2 This section was added as a placeholder for future parks and trails climate resilience procedures. Since

- 3 the climate resilience policy and its associated actions are new with Imagine 2050, it will take time to
- 4 develop and operationalize the procedures necessary to implement them.

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#### Section Five: Planning 1

2 The 2050 Regional Parks and Trails Policy Plan underscores the importance of long-range planning in fostering a welcoming, vibrant, and resilient parks and trails system. By promoting integrated resource 3 4 planning across jurisdictions, we help ensure that our region's natural systems are preserved and 5 enhanced for current and future generations. Collaborative efforts and long-range planning are essential for addressing the evolving needs of our diverse communities, caring for our natural systems, and 6 7 enhancing the quality of life for all residents and visitors in the region.

#### 8 **Design Considerations for Long-Range Plans**

9 The planning handbook incorporates policy direction from Imagine 2050 to:

- Promote expanded multimodal access to regional parks, regional trails, and the transit network. •
  - Acknowledge the range of recreation opportunities throughout the region by encouraging context-• sensitive and nature-based approaches to designing facilities.
- Develop opportunities, programs, and spaces that strive to uplift community connections to the • outdoors while counteracting barriers and harm placed on underrepresented communities found in the most recent visitor study.
- 16 To respond to these goals, regional park implementing agencies are encouraged to consider the following design elements in a regional park or trail long-range plan: 17
- 18 Promote expanded multimodal access:
- 19 Met Council and implementing agencies are encouraged to provide connections to transit stops • 20 or park-and-rides when designating the alignment of a regional trail. Implementing agencies are encouraged to collaborate with Metropolitan Transportation Services and Met Council Parks and 21 22 Trails staff early in the regional trail planning process.
- 23 Provide bike racks located near activity areas in regional parks and trails so visitors can safely park their bikes while they recreate.
  - Design multiple entrance points to each regional park to make it easier for bicyclists and • pedestrians to access the park.
- 27 Acknowledge the range of recreation opportunities:
- 28 Regional park and trail facilities designed with a nature-based, context-sensitive approach fit their • 29 setting while using innovative approaches to improve or enhance natural systems. Examples 30 include infiltration basins, green roofs, and permeable surfaces.
- 31 Offer recreation activities that play to the strengths of the regional park or trail's location instead • 32 of trying to offer all things to all people. An example is the incorporation of watercraft and 33 swimming access in a regional park located on a lake.
- 34 Relative to areas outside of the Metropolitan Urban Service Area, encourage more development • 35 in regional parks and trails within the metropolitan urban service area to provide diverse 36 recreation opportunities and settings, helping to ensure everyone's needs are met across the 37 Regional Parks and Trails System.
- Develop opportunities, programs, and spaces that strive to uplift community connections to the outdoors: 38
- Use universal design in regional park and trail facility designs. 39 •
  - Establish gender neutral bathrooms and provide bathrooms with running water. •
    - 18

- Provide adequate seating and improved lighting along trails.
- Enhance wayfinding to make it easier for visitors to navigate within and across systems.
- Promote signs that use Indigenized and non-Western design elements developed in consultation with Indigenous people, youth, and historically excluded communities.

# 5 Long-Range Plan Requirements

Each long-range plan for regional parks, park reserves, special features, and regional trails must include
specific information or requirements. Please note: requirements may differ from one classification to
another. For example, regional parks, park reserves, and special features may have different
requirements than regional trails.



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Requirements that are unique to regional parks, park reserves, and special features are accompanied by a tree symbol

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Requirements that are unique to regional trails are accompanied by a trail symbol

Long-range plan requirements are grouped into three major areas and include a subset of required content areas including Engagement, Development Concept, and Natural Systems.

- 15 Checklists are provided for each of the main areas at the end of each content area (engagement,
- 16 development concept, and natural systems) to provide a quick snapshot of the long-range plan
- 17 requirements. Implementing agencies should refer to the full narrative descriptions to ensure each of
- 18 these plan sections meets the required level of detail.

## Long-Range Plan Requirements – High Level Checklist

- Engagement
  - Demand forecast
  - Public and partner engagement and equity analysis
  - **Development Concept**
  - Boundaries
    - Acquisition costs
    - Development concept
    - □ Accessibility
    - Operations
    - Public services
- Natural Systems
  - □ Natural systems
  - Mississippi Corridor Critical Area
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## 20 Engagement

#### 21 Demand Forecast

The demand forecast estimates the future demand to be met by the unit as identified by the Met Council, the regional park implementing agency, or other sources. This requirement is typically met by including:

- A current or recent visitor estimate or a service area population.
  - A projection of how the visitor estimate or service area population is expected to grow.
- A statement that the regional park or trail serves a need, or that the proposed expansion responds to the forecasted need.

- 1 For the projection of population, Met Council population data and local forecasts must be used to
- 2 estimate this demand. Met Council publishes county-level, city and town-level, and sub-city zone-level
- 3 forecasts at <u>www.metroMet Council.org/forecasts//.</u> Agencies can request local population estimates and
- 4 forecasts for a more detailed and customized service-shed.

# 5 Public and Partner Engagement and Equity Analysis

- 6 For the public and partner engagement requirement, the regional park implementing agency describes
- 7 the process they conduct for involving the public, local units of government, and other affected agencies
- 8 including state and/or federal recreation providers in the development of the long-range plan or plan
- 9 amendment. This process should:

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- Ensure that the public and key stakeholders have opportunities to be heard and to influence the plan's contents.
   Engage affected agencies and recreation providers to present and address concerns related to
  - Engage affected agencies and recreation providers to present and address concerns related to the long-range plan.
    - The submitted plan must include a resolution or letter of support from the regional park implementing agency board. If a resolution or letter of support from the agency board is not provided, the correspondence accompanying plan submittal must address why it is not included and/or the timeframe for obtaining this documented support.
    - Resolutions or letters of support are strongly encouraged from local government units that underlie the planned park or trail unit.
  - Include strategies to mitigate racial, ethnic, cultural, and linguistic barriers, and ensure participation from diverse demographic groups such as different ages, races, ethnicities, incomes, national origins, and abilities.
- 23 An equity analysis shall be conducted and should include the following elements:
- Project area description:
  - Define the boundaries and demographics of the engagement area, including neighborhoods adjacent to the park or trail, travelsheds, and other relevant information.
- Provide context on underserved populations and the historical factors leading to present day inequities. Met Council staff encourage using the Regional Parks and Trails Equity
   Tool: <u>https://metrotransitmn.shinyapps.io/regional-parks-equity-tool/.</u>
  - Engagement with underserved populations:
    - Identify stakeholders, including youth, Black, Indigenous, and people of color communities, people with disabilities, low-income populations, people 65 years of age and older, and other relevant community groups.
    - Detail engagement strategies used for each stakeholder group. Please consider culturally competent and community representative staffing, training, engagement locations and times, and communication methods in planning and implementing engagement opportunities. Met Council staff encourage using the International Association for Public Participation's Public Participation Spectrum as a resource:
      - https://cdn.ymaws.com/www.iap2.org/resource/resmgr/pillars/Spectrum 8.5x11 Print.pdf
  - Summary and accountability:
    - Include a summary of comments received, issues raised, and how engagement influenced the plan's content, especially the plan's development concept. Summarize what strategies worked well and what strategies were less effective.
- Outline accountability measures for creating better outcomes, including regional and local access, quality of experience, facility rules/policies (including affordability), public awareness (plans for making the people aware of the services available when the unit is open), and reporting back to stakeholders.

## Engagement Checklist (same for both parks and trails)

- Demand Forecast
  - □ Current/recent visitor estimate or service area population
  - □ Projection of how the visitor estimate/service area is expected to grow
  - Statement of need
- Public Awareness
  - Description of plans for making the public aware of services available, if applicable
- Device and Partner Engagement and Equity Analysis
  - Description of engagement process
    - o Includes engagement with the public, key stakeholders, and affected agencies
    - Includes strategies to mitigate racial, ethnic, cultural, and linguistic barriers, and ensure participation from diverse demographic groups
  - Equity analysis
    - Project area description
    - Engagement with underserved populations
    - Summary and accountability

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#### 2 Development Concept

- 3 Boundaries
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5 6 For parks, a map showing the administrative boundary for the unit that includes agency-owned acres (management boundary) and private inholdings that together represent the desired boundary of the proposed parkland managed by the agency must be included.

For trails, a map showing the trail corridor boundary that includes agency-owned acres
(management boundary) and anticipated private inholdings associated with the trail route that together
establish the desired administrative boundary of the land to be managed by the agency must be
included.

## 11 Acquisition Plan

12 The concept should include a list of parcels or real property to be acquired and the estimated total 13 cost. A description of the natural features, site suitability, special assessments, potential contamination 14 based on data from the Minnesota Pollution Control Agency, and other conditions that affect acquisition 15 of the site or location of the boundaries. A description of the agency ownership and management 16 arrangement.

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The concept should include a list of anticipated parcels or real property to be acquired when known and their estimated total acquisition cost. A description of the natural features, site suitability, special assessments, potential contamination based on data from the Minnesota Pollution Control Agency, and other conditions that affect acquisition of the site or location of the boundaries should be included for those parcels. A description of the ownership and management arrangement.

## 1 Development Concept

- A plan for recreational development and natural resource management should include:
- A description and a map showing the location of planned development and natural resources management projects.
  - Approximate capacity of each facility.
- A map of existing and planned local and regional trail connections to the site and information on how they relate to development within the park.
- A general wayfinding signage plan that reflects what was learned during the public engagement process, where applicable, including approximate locations within the park.
- Estimated timing and estimated costs associated with each project.



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A plan for development, including the estimated timing and estimated costs associated with the project, recognizing these estimates may change over time and that funding priorities may shift. The plan should include:

- A map showing the regional trail alignment in relation to the roadway or other land uses,
   intersection crossings, and other regional and local parks and trails. If interim or alternative trail
   alignments are proposed for certain trail segments, please label them on a map and describe
   them in the plan.
  - A cross-section graphic showing the trail's separation from the road.
    - A general wayfinding signage plan that reflects what was learned during the public engagement process, where applicable, including approximate locations along the trail corridor.

#### 21 Accessibility

A plan that addresses accessibility and other measures designed to ensure that the facility can be used
by people with limited mobility. All new and updated long-range plans for the Regional Parks and Trails
System must address compliance with the Americans with Disabilities Act (ADA). Met Council staff
encourage regional park implementing agencies to use U.S. Access Board guidelines for Outdoor
Developed Areas as a minimum standard of accessibility on all new or substantially altered capital
projects within the Regional Parks and Trails System: <a href="https://www.access-board.gov/aba/guides/chapter-10-outdoor/">https://www.access-board.gov/aba/guides/chapter-10-outdoor/</a>

## Operations

Provide estimated operations and maintenance costs as well as sources of revenue to operate
 and maintain recreation facilities, including costs for managing natural resources t. The operations
 section may indicate how energy to operate and maintain the park unit is being managed and conserved,
 including climate friendly renewable energy approaches.



Provide estimated operations and maintenance costs and sources of revenue to operate and maintain the trail, including costs for managing natural resources, where applicable. The operations section may indicate how energy to operate and maintain the trail unit is being managed and conserved, including climate friendly renewable energy approaches.

#### 1 Public Services

2 Provide a description of any nonrecreational public services and facilities, such as transit, utilities, roads,

3 or sewers, needed to accommodate the proposed recreational use. Please also provide information on

4 how to access the location by transit, if applicable. Regional park implementing agencies are encouraged

5 to include transportation and transit planners in the development of a long-range plan.

6 If there is a need for regional wastewater services, provide a description. If regional wastewater services 7 are not needed, please note that in this part of the long-range plan.

#### Development Concept Checklist

Parks:

- □ Administrative boundary map
- □ Acquisition plan
  - □ Parcels or real property to be acquired
  - Development concept
    - Description and map of planned development
    - □ Capacity of each facility
    - □ Map of existing/planned trail connections
    - □ Wayfinding signage plan
    - Drinking water source and locations
    - □ Schedule and cost estimate for each project
    - Evidence of resolved conflicts with natural resource management
- Accessibility plan
- Operations plan
  - Operations and maintenance costs as well as sources of revenue to operate and maintain recreation facilities
- Public services needed to accommodate recreational use

#### Trails:

- □ Trail corridor boundary map
- □ Acquisition plan
  - Parcels or real property to be acquired
- Development concept
  - □ Estimated timing and costs associated with the project
  - □ Map showing regional trail alignment in relation to the roadway/other land uses, intersection crossings, and other regional and local parks/trails
  - □ Cross section graphic
  - Wayfinding signage plan
- Accessibility plan
- Operations plan
  - Operations and maintenance costs as well as sources of revenue to operate and maintain recreation facilities
- Public services needed to accommodate recreational use

## 8 Natural Systems

## 9 Natural Systems

- 10 A plan or program for managing and restoring natural resource features of the regional park, park
- 11 reserve, special feature, or regional destination trail must be included. Note: A Natural Systems
- 12 component is not required for regional linking trail long-range plans.
- 13 This plan or program should include the following components:

## 1 Natural Resources Inventory

- 2 A natural resources inventory should include a land cover inventory that is consistent with the Minnesota
- 3 Land Cover Classification System by the Minnesota Department of Natural Resources and MetroGIS.
- 4 The natural resources inventory should also include native plant communities mapped in the Minnesota
- 5 County Biological Survey.
- 6 This section should also include listed species. Please visit the Minnesota Department of Natural
- Resources' Natural Heritage Information system to identify and help protect rare, endangered, and
   threatened species.

# 9 Landscape Management, Restoration, and Maintenance

- 10 The natural resources inventory should be a basis for projects and proposals to maintain high-quality
- 11 natural resource features and restore degraded resources, including the estimated capital costs for
- 12 natural resource restoration projects.
- 13 Regional park implementing agencies should consult with natural resource professionals in designing
- 14 and constructing park facilities, especially for trails that are adjacent to or traverse natural resource
- 15 areas. The final design and construction of a park or trail should allow the public to view and enjoy these
- 16 natural areas with minimal adverse impact.
- 17 The Natural Systems component should also include information on how vegetation will be managed.
- 18 The Met Council encourages regional park implementing agencies to select and manage vegetation to
- 19 enhance resilience to climate changes, including using native species that are more tolerant of climate
- 20 variability.

# 21 Water Resource Protection

- 22 The plan should include information on how surface water and groundwater resources in the unit,
- 23 including wetlands, will be protected. The Met Council encourages regional park implementing agencies
- 24 to use Minnesota Pollution Control Agency's Minnesota Stormwater Manual:
- 25 <u>https://stormwater.pca.state.mn.us/index.php?title=Main\_Page</u>
- The long-range plan should include provisions to, first, avoid wetland impacts; second, minimize impacts; and finally, mitigate impacts when no other options are available.
- The Met Council also encourages implementing agencies to integrate water management practices that enhance the area's resilience to extreme weather events and climate variability.

# 30 Mississippi River Corridor Critical Area

- This requirement only applies to regional parks, park reserves, special features, and regional trails located in part or wholly within the Mississippi River Corridor Critical Area.
- 33 Long-range plans must:
  - Acknowledge the purposes of the corridor critical area designation as detailed in Minnesota Statutes, section 116G.15, subd. 1.
  - Acknowledge the standards and criteria for the preservation, protection, and management of lands within the critical area in Minn. Rule Chapters 6106.0010 – 6106.0180.
- Map the location of the parkland and its relationship with the critical area boundary.
  - Recognize that the design and construction of park facilities must comply with the standards contained in Minn. Rules 6106.0130.
- Plan, design, and construct facilities and projects in a manner that protects primary conservation
   areas and public river corridor views identified by local units of government in their
   comprehensive plans.

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#### Natural Systems Checklist (same for both parks and trails)

- Natural Systems
  - Natural Resources Inventory
    - Land cover inventory
    - Native plant communities map
  - □ Landscape management, restoration, and maintenance
    - Estimated capital costs for natural resource restoration projects
    - Vegetation management plan
  - □ Water Resource Protection
    - o Information on how surface water and groundwater resources will be protected
  - □ Mississippi River Corridor Critical Area
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## 2 Acquisition Long-Range Plan Criteria and Process

3 Once the Met Council designates a unit to be a part of the Regional Parks and Trails System, the regional park implementing agency conducts a long-range planning process. There are times when the 4 5 agency has an opportunity to acquire – or protect under an option to purchase – land that does not yet 6 have a development concept, which is one of the requirements for long-range planning. In these -7 situations, the regional park implementing agency may choose to develop an acquisition long-range plan, 8 to establish the long-range plan boundary or to adjust an existing Met Council-approved long-range plan boundary. The acquisition long-range plan or amendment may focus solely on the land under option to 9 purchase. The Met Council must approve the acquisition long-range plan prior to acquisition. Acquisition 10 11 long-range plans should include:

- A demonstration of the proposed unit's consistency with Section Three: Natural Systems
   including size/service area requirements in Section Two: System Plan.
- A map showing the proposed unit's boundaries or for existing units, the parcels to be added to the long-range plan boundary in relation to the existing administrative and management boundaries of the park or trail. Additionally, a description of the future ownership and/or management arrangement.
- A list of parcels to be acquired and the estimated total cost and schedule for their acquisition, and information on natural resources, site suitability, special assessments, potential contamination based on data from the Minnesota Pollution Control Agency and other conditions that affect acquisition of the site or location of the boundaries.
- A demonstration of implementing agency board approval and other support from partner agencies.
- Once the regional park implementing agency completes a full long-range plan, they may move forward
   with the unit's development concept and access financial assistance from the Met Council's grant
   programs.

## 27 Plan Amendment Boundary Adjustment Criteria and Process

Boundary adjustments are additions or removals of land from an existing Met Council-approved longrange plan's management boundary. The Met Council will consider boundary adjustment proposals
through the following amendment processes and criteria outlined in Figure 5-1 below. All other proposals
will be considered by the Met Council through the policy plan amendment process. When boundary

- adjustments arise, agency and Met Council staff will work together through a consultation process to
   determine the most appropriate path forward.
- Concurrent with an amendment process and criteria, boundary adjustment proposals must also include: 25

- A description of the purpose for the change and the extenuating circumstances.
- A map identifying the current boundary and the proposed boundary.
- A demonstration of the proposal's consistency with:
  - Park and trail classifications (Policy Plan, Section Two System Plan, Action 1 Classifications).
    - Locating and acquisition criteria (Planning Handbook, Section Three: Natural Systems, Action 1 Locate and Acquire Land).
- 8 If the Met Council approves the boundary adjustment request, then the new parcel will be eligible for 9 applicable regional funding sources.

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1 Figure 5-1: Boundary Adjustment Threshold Summary

Plan Amendments:			
Scale of Amendment	t Criteria and Process – Eligibility Thro Regional parks Park reserves	Regional trails alignments	
	Special features		
	Regional trail corridor land		
Minor - Administrative Approval of Long- Range Plan Amendment	<ul> <li>Minor correction to a mapping or design error affecting less than 1% of unit's total management boundary acreage</li> <li>Proposes a park or trail boundary adjustment, public-to-public land exchange, or an acquisition long- range plan amendment that changes the management boundary by less than 5 acres; and the land addition/removal is valued up to \$750,000 total</li> </ul>	Trail realignment alters up to one mile of trail and is within one mile of the original alignment but does not alter the start and end points of the trail.	
Limited in scope - Focused Long- Range Plan Amendment,	A limited in scope plan amendment that meets one of the following two criteria, whichever is greater:	A limited in scope plan amendment that meets one of the following two criteria:	
Anienanient, Acquisition Long- Range Plan or Land Conversion	<ul> <li>Affects less than 100 acres of the total management boundary acreage</li> <li>Affects less than 20% of the total management boundary acreage</li> </ul>	<ul> <li>Trail realignment is up to 1.5 miles from the original alignment</li> <li>Proposed trail extension is up to one mile, and it enables connections to existing or future regional units, trailheads, or other important regional destinations.</li> </ul>	
Full scope - Regular Long- Range Plan Amendment	A full scope plan amendment that significantly changes the earlier proposal for acquisition and/or development and exceeds the thresholds for a focused long-range plan amendment (above)	A full scope plan amendment that significantly alters the earlier trail alignment and exceeds the thresholds for a focused long-range plan amendment (above)	
Major - Policy Plan Amendment	<ul> <li>Meets one of the following two criteria:</li> <li>Exceeds plan amendment criteria</li> <li>Proposes new regional park study area or search area</li> </ul>	<ul> <li>Meets one of the following two criteria:</li> <li>Exceeds plan amendment criteria</li> <li>Proposes new trail</li> </ul>	

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\*Please note, Met Council staff will consider the requirements of any Met Council or State funding restrictions.

\*\*Amendments meeting the criteria above may still be required to have full Met Council review if determined necessary by Met Council staff.

#### 1 Long-Range Plan Amendments Criteria and Process

2 Minnesota Statutes, section 473.313 requires long-range plans be developed by the park implementing 3 agencies consistent with the Regional Parks and Trails Policy Plan; however, it does not specify when 4 revisions are necessary. As referenced in the policy plan, the regional park implementing agency will 5 submit a long-range plan amendment to the Met Council to change its original proposal for acquisition and/or development, or when the agency has developed significant additional details that need to be 6 7 reflected in the long-range plan. The Met Council may approve or reject the long-range plan amendment 8 for cause and return the plan to the regional park implementing agency for revisions to address the Met 9 Council's concerns.

10 Regional park implementing agencies must provide an opportunity for the public and affected local units

of government near the particular park or trail to participate in the process to amend a long-range plan. With regard to financing the construction of recreation and visitor support facilities proposed in a long-

13 range plan, it is important that there is sufficient detail about the facility in the long-range plan and that

14 the regional park implementing agency is ready to construct the facility when funds become available. If

15 a long-range plan amendment is needed before funding the construction of a facility, the regional park

- 16 implementing agency must provide the public and affected local units of government an opportunity to
- 17 participate in the process as well.

There are several reasons that long-range plan amendments are required to demonstrate how changes
to the Regional Parks and Trails System remain consistent with the Met Council's expectations as
outlined in this plan. They include, but are not limited to:

- Improvements that substantially differ in type, size, or scale, from those in the Met Council approved long-range plan but that are needed to meet expanded recreational demands or satisfy
   quality standards.
- Changes in development concept or acquisition plan.
- Changes to a park or trail boundary.
  - Changes in ownership, management, or operations.
- Proposals for placement of telecommunications towers on Regional Parks and Trails System land
   (see Section Six: System Protection Telecommunications towers evaluation process in this
   handbook).
- The Metropolitan Parks and Open Space Commission and Met Council will review the long-range plan amendment for consistency with the conditions of this policy and either approve, modify, or reject the
- 32 long-range plan amendment.

# 33 Focused Long-Range Plan Amendments

Occasionally, regional park implementing agencies seek to make minor changes to a long-range plan that may only impact a subset of long-range plan requirement areas. The regional park implementing agency should discuss the scope of the desired plan amendment with the Met Council Parks and Trails staff prior to commencing the amendment process to determine the required subset of long-range plan requirements.

Examples of focused long-range plan amendments include Battle Creek Regional Park – Pigs Eye Lake
(2021-68) and Minnesota River Greenway Regional Trail – Fort Snelling State Park segment (2021-342).
The Battle Creek Regional Park – Pigs Eye Lake amendment followed a feasibility study on the
implementation of islands within Pigs Eye Lake, which are intended to improve aquatic habitat, improve

43 the quantity and quality of habitat for migratory bird species, and enhance the quantity of shoreline

- 44 habitat. The amendment focused primarily on natural resources and public safety improvements, and did
- 45 not address park acquisition, boundary adjustments, recreation infrastructure, or access.

- 1 The Minnesota River Greenway Regional Trail Fort Snelling State Park segment amendment followed
- 2 Met Council review of an Environmental Assessment Worksheet submitted by Dakota County. The
- 3 amendment included a cooperative use agreement between Dakota County and the Minnesota
- 4 Department of Natural Resources that allows for the regional trail segment to travel through state
- 5 property. The amendment focused on the development concept, conflicts, and accessibility. Other typical
- 6 long-range plan elements were not required as the existing regional trail plan was deemed sufficiently
- 7 complete in these areas.
- 8 Prior to the submittal of each of these long-range plan amendments to the Met Council, regional park
- 9 implementing agency staff worked closely with Met Council staff to identify the requirements of the
- 10 focused amendment.

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- 11 Focused long-range plan amendments are considered through the Met Council committee process,
- 12 typically lasting 60 days.

# 13 Administrative Process for Minor Long-Range Plan Amendments

- Administrative reviews of minor long-range plan amendments will be conducted by Met Council staff with delegated authority granted by the Met Council, and they are not required to be presented to the regular
- 16 Met Council committees for review and approval. Amendments reviewed administratively must meet all
- 17 the relevant proposed criteria adopted by the Met Council:
- Consistent: Is consistent with Minn. Stat. § 473.313 requirements and be determined to be complete for review by the Met Council.
  - Conforms to the regional systems plans
    - Consistent with Met Council policies, including Imagine 2050 and parks policies
- 22 2. **Minor in scope:** Does not change the acquisition and/or development concept.
- 23 3. Subject of the amendment:
  - a. **Corrections:** Proposes corrections to a minor mapping or design error affecting less than 1% of the unit's total acres of the management boundary.
  - b. **Minor regional trail realignments:** Proposes regional trail implementation realignments that alter up to 1 mile of trail and are within 1 mile of the original alignment but do not alter the start and end points of the trail.
    - c. **Boundary changes:** Proposes a regional park or trail boundary adjustment, public-topublic land exchange, or an acquisition long-range plan amendment that changes the management boundary by less than 5 acres; and the land addition/removal is valued up to \$750,000 total.
    - d. **Natural area/utility Met Council consents:** Proposes land and/or easement conveyances for:
      - Natural area monitoring.
      - An easement for a natural area restoration, or enhancement project that affects the management boundary by less than 5 acres.
      - An underground utility that has no material long-range impacts to the park or trail and affects the management boundary by less than 1 acre.
  - 4. **Minimal impacts:** Does not have the potential for a cumulative or material impact to the regional park or trail's recreational opportunities, natural areas, or cultural resources.
- \*Please note, Met Council staff will consider the requirements of any Met Council or State funding
   restrictions in determining whether a proposed candidate is eligible for administrative review.
- \*\*Amendments meeting the criteria above may still be required to have full Met Council review if
   determined necessary by Met Council staff.

- 1 There may be instances when Met Council staff direct minor amendment proposals to the regular Met
- 2 Council Committees, due to political sensitivity or other contextual factors. Administrative review is
- 3 proposed to be completed within 45 business days once the long-range plan amendment has been
- 4 deemed complete.

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- 5 Met Council review of this administrative amendment review program is proposed to take place after two
- 6 years of its approval; then transition to the four-year Policy Plan update cycle. The Community
- 7 Development Committee will receive annual administrative approval updates. The Metropolitan Parks
- 8 and Open Space Commission will receive updates more frequently.

#### 9 Joint powers or similar agreements

- Regional park implementing agencies are encouraged to enter into joint powers or similar agreements
   with local governments regarding the acquisition, use, operation, and maintenance for focused
- 12 improvements within Regional Parks and Trails System units.
- Joint powers or similar agreements do not need to be identical, but regional park implementing agencies
   are encouraged to negotiate arrangements that:
- Address who owns, controls, and manages the land under the Regional Parks and Trails System
   unit improvement.
  - Ensure that the unit improvement will be open to all people (not restricted by residence).
- The unit improvement should be a truly regional facility since it will be eligible for regional and state funds
  to finance its acquisition, use, development, and operations/maintenance once the Met Council has
  approved a long-range plan for the parks system unit.
- The duration of the joint powers or similar agreements should last the expected life of the unit
  improvement. They should be included in a unit's long-range plan as an assurance that any funds
  provided by the Met Council for improvements would be spent consistently with the approved long-range
  plan.
- Regional trails usually extend through several communities, so they require coordination for segment
   implementation. Regional parks, park reserves, and special features may coordinate with one or two
- implementation. Regional parks, park reserves, and special features may coordinate with one or two
   local governments on specific facility improvements to enhance a Met Council-approved long-range plan.
- 28 If an improvement to a Regional Parks and Trails System unit occurs on land owned by a local
- 29 government instead of the regional park implementing agency, the agency may lease the park unit land
- 30 and manage it through a joint powers or similar agreement with the local jurisdiction.
- Regional park implementing agencies should include a copy of any joint powers or similar agreements as part of the long-range plan. This assures the Met Council that any funds it provides or passes on for the
- 32 parts of the long-range plan. This assures the met Council that any funds it provides of passes of for the 33 parks system unit's acquisition, development, use, or operation and maintenance will be consistent with
- 34 the approved long-range plan.

# 1 Section Six: System Protection

2 The Met Council protects public investment in acquisition and development by assuring every

3 component in the system is able to fully carry out its designated role as long as a need for it can be

4 demonstrated. There are several mechanisms that protect the integrity of the Regional Parks and Trails

5 System and its individual parts, including regional park and trail long-range plans, restrictive covenants

6 that place restrictions on park and trail land, the Metropolitan Land Planning Act, and metropolitan

7 significance.

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# 8 Met Council Review Processes

9 There are four review processes to support implementation of the system protection policy, including:

- Local comprehensive planning: The Local Planning Assistance review of local comprehensive plans ensures that public investment in acquisition and development are consistent with Met Council systems and policies, as well as other agency system plans.
- Land conversion process: The land conversion process considers the conversion of Regional
   Parks and Trails Systems lands to other uses.
- Telecommunication tower evaluation process: This process helps ensure that
   telecommunication towers are placed in ways that minimize impacts to the park or trail unit.
  - Placement of utilities process: The placement of utilities process helps ensure that utilities are placed in ways that minimize impact to the regional park or trail unit.
- For more information about the policies and actions related to these topics, please visit Section Six ofthe policy chapter.

# 21 Local Comprehensive Planning

- The policy direction from Imagine 2050 and the Met Council's systems and policy plans including this planning handbook – provides guidance to local governments in planning for local growth and development. Under state law, each county, city, and township in the seven-county metropolitan area must review and, if necessary, amend its local comprehensive plan at least every 10 years to ensure that the local plan, and local fiscal devices and official controls, conform with the Met Council's metropolitan system plans (Minnesota Statutes 473.864).
- Following the decennial adoption of the Regional Parks and Trails Policy Plan, the Met Council will
   issue system statements inclusive of changes in the system plan as required under the <u>Metropolitan</u>
   <u>Land Planning Act.</u> Local communities will have three years to update their local comprehensive plans
   with the changes that are reflective of their system statement. If the Met Council issues system
   statements based on a future amendment to the Regional Parks and Trails Policy Plan, local
   communities have nine months to amend their comprehensive plans (Minnesota Statutes, section)
- 34 473.856).
- 35 Local comprehensive plans are reviewed by the Met Council based on three primary criteria:
- 36 Conformance with metropolitan system plans
- Gonsistency with Met Council regional policies
  - Compatibility with adjacent and affected governmental units

- 1 When a plan meets these criteria, the Met Council authorizes it to be placed into effect. If a plan does
- 2 not meet the review standards, the Met Council may require the jurisdiction to modify its plan to
- 3 conform to the regional system plans.

# 4 Conformance

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- 5 A local comprehensive plan will conform to the metropolitan system plans if the local plan:
- Accurately reflects the components of the metropolitan system plans.
  - Integrates public facility plan components.
  - Addresses land use policies, plans for forecasted growth, meets density standards, and maximizes the efficiency and effectiveness of the regional systems.
- 10 In their local comprehensive plans, communities need to acknowledge and plan for Regional Parks and
- 11 Trails System units in their jurisdiction as identified in the 2050 Regional Parks and Trails Policy Plan.
- 12 The Met Council will review local plans to ensure they will not cause detrimental impacts to Regional
- 13 Parks and Trails System units and that the plans do not preclude or substantially limit the future
- acquisition of lands officially identified of the system plan of the 2050 Regional Parks and Trails PolicyPlan.

# 16 Consistency

17 Consistency is generally achieved if the local plan addresses the community role for the land use 18 policies in Imagine 2050, including:

- Land Use Policy Plan, Objective 2: Maximize opportunities for growth in places well-served by transit, bicycle, and pedestrian infrastructure. Local communities are encouraged to plan and develop local trail connections to regional trails as identified in the 2050 Regional Parks and Trails Policy Plan and to plan for and connect to the Regional Bicycle Transportation Network as identified in the 2050 Transportation Policy Plan.
  - Policy 3: Plan for and build an interconnected system of vehicular, pedestrian, bicycle, and transit infrastructure that provides comfortable use for all modes and users.
  - Policy 5: Prioritize the preservation, restoration, and enhancement of environmental and natural systems near transportation features and areas where transit is available.
- Land Use Policy Plan, Objective 4: Prioritize land use and development activities that protect, restore, and enhance natural systems at all scales.
  - Policy 2: Establish and connect natural systems corridors through land use, water resources, and conservation planning.
  - Addressing the link between local land uses to local parks and open space, as well as the Regional Parks and Trails System.
  - An implementation plan describing public programs, fiscal devices, and other specific actions (sequencing and staging activities) that implement the comprehensive plan and ensure conformance with regional system plans.
    - Addressing official controls and include a capital improvement program (sewers, parks, transportation, water supply, and open space) that supports planned growth and development.

# 39 Compatibility

- 40 Compatibility with adjacent and affected governmental units is generally achieved if the local plan
- 41 adequately documents that it has addressed the concern of all adjacent and affected jurisdictions,
- 42 based on comments or concerns from these entities. As local communities update their comprehensive
- 43 plans, the Met Council encourages them to identify locally important natural areas for protection
- 44 through acquisition, conservation easements, and conservation-sensitive development practices,

- 1 especially in respect to protection and ongoing resiliency of the Regional Parks and Trails System. In
- 2 addition to planning for the recreational needs of its residents, the Met Council encourages
- 3 communities to plan local trail connections to the Regional Parks and Trails System. Together, the
- 4 region, the regional park implementing agencies, local communities, nonprofit organizations, and the
- 5 private sector can preserve natural areas and enhance multimodal access to regional parks and trails.

### 6 Land Conversion Process

- 7 Conversion of Regional Parks and Trails System lands to other uses is allowed only in limited
- 8 circumstances and with prior approval of the Metropolitan Council. Land conversion requests are
- 9 challenging for regional park implementing agencies because they are complex and often originate
- 10 from reasons outside of the agency's department and control. The Met Council's land conversion
- approach aims to ensure that any system impacts are evaluated and mitigated fairly and transparently
- 12 as an equally valuable land exchange is determined. Met Council committees require defensible and
- 13 compelling stories that include summaries of these requests and desired actions. Met Council staff
- 14 work closely with regional park implementing agencies to establish workable solutions for each
- 15 conversion proposal. For more information about the land conversion policy, actions, and requirements,
- 16 please visit Section Six: System Protection in the Regional Parks and Trails Policy Plan.
- 17 Land conversions follow a five-part process that includes the regional park implementing agency and
- 18 the Met Council agreeing to an equally valuable exchange proposal. Once an agreement is reached,
- 19 the agency develops a memo summarizing the proposal and the Met Council reviews the proposal.
- 20 Conveyances are provided once approved by the Met Council (Figure 6-1).

21 Figure 6-1 Land Conversion Process 22 qually valuable 23 exchange Conveyances are Council Agency notifies proposal and provided as Agency submits 24 Committee **Regional Parks** memo approved by the memo **Review Process** Manager Met Council completeness 25 confirmed 26

## 27 Equally Valuable Exchange Proposal

Land in the Regional Parks and Trails System will only be converted to other uses if approved by the Met Council through an equally valuable land or facility exchange as defined below:

## Encouraged approach:

Equally valuable exchanges that are quality **park or trail land** additions located within the same park unit where the land is being proposed for removal.

## Equally Valuable Land is:

- 1. Contiguous to the Regional Parks and Trails System unit containing the land proposed to be exchanged (within the same park/trail unit).
- 2. Comparable or better natural resource characteristics.
- 3. Comparable **or** better at providing recreation opportunities than the land being removed from the park or trail.

#### 1 Agency Memo

- 2 Regional park implementing agencies should submit a memo with any land conversion
- 3 request. Similar to long-range plan reviews, land conversion requests include a Met Council
- 4 review. For requests to be considered complete, agreement on the equally valuable
- 5 exchange is needed in addition to the required materials.

#### 6

#### **Memo Content**

- Description & map of the proposed removal and replacement request
- Property identification numbers of the parcels involved
- Survey or other land information
- Recorded encumbrances (Council ARCs, declarations, etc.)
- Appraisal or statement of value Copy of relevant section of Agency's long-range plan
- Any agency actions or Council resolutions
- Funding sources
- Responses to the policy plan questions related to either land conversions or utility changes

#### Appraisal

An appraisal is required for both the removal and replacement land.

- If the removal or replacement land is anticipated to be valued at less than \$100,000, then the park agency may pursue a statement of value by the Agency's real estate office in lieu of an appraisal.
- If the implementing agency is using regional funds to complete the purchase (for any value above and beyond the replacement cost), then an appraisal is necessary.

#### Statement of Value

For requests that are anticipated to be valued at less than \$100,000, the implementing agency may opt to provide a statement of value conducted by the implementing agency's real estate office. The statement of value must be conducted through an individualized rigorous assessment that includes documentation of an in-person visit to the specific parcels and recent comparable properties.

The Met Council prioritizes land-for-land exchanges for all system protection requests. There may be exceptional circumstances for the park agency to pursue another approach when this priority cannot be met.

If the agency is not able to replace the land within the unit from where it is removed, there may be other options for exchanges, listed in priority order:

- 1. Land additions in another unit managed by the implementing agency
- 2. Facility additions or improvements within the unit under consideration
- 3. Facility additions or improvements outside the unit under consideration

The second and third priorities for land conversions should be avoided to the greatest extent possible.

#### **1** Telecommunication Towers Evaluation Process

Federal laws allow local governments to regulate the placement of telecommunication towers as long
as there is no ban preventing reasonable market access for that communication system.

Antenna towers for telecommunication services and the regional public safety radio system are
 generally prohibited on lands within the Met Council-approved long-range plan boundaries of a
 Regional Parks and Trails System unit unless:

- 7 The communication system is not able to function without placement of the tower on Regional 8 Parks and Trails System land. Since each of these radio frequency communication systems 9 relies on grid placement of towers, all other alternatives must be considered for placement 10 within the grid in order to avoid placing a tower on Regional Parks and Trails System land. The 11 communication service provider must demonstrate that this criterion is satisfied when requesting 12 approval by the Met Council and regional park implementing agency to place a tower on 13 Regional Parks and Trails System land. The only exception to this condition is that a tower for 14 the Metropolitan Emergency Radio System may be placed on Regional Parks and Trails System 15 land even if it could be placed on private land instead.
- The tower's impact on the Regional Parks and Trails System land must be minimized.
- The tower must be screened from view of regional park or trail visitors as much as possible
   through tower placement and design features agreed to by the regional park implementing
   agency.
- The tower must be located on land that has already undergone regional park or trail
   development and is accessible through the existing park road system. Land in park reserves or
   regional parks conserved for habitat restoration and interpretation must be avoided.
- Co-locating multiple antennas on fewer towers is preferred. The Met Council acknowledges that co-location is not always possible due to potential interference.
- Payments for placing telecommunication towers in regional parks or park reserves should be dedicated to the regional park implementing agency that owns the land for acquisition,
   redevelopment, development, or operation and maintenance of its Regional Parks and Trails
   System units.
- All telecommunication tower proposals for the Regional Parks and Trails System require regional park implementing agencies to submit a focused long-range plan amendment. The focused long-range plan amendment should state how the conditions listed above have been met. The Met Council will then review the focused long-range plan amendment for consistency with the conditions of this policy and either approve, modify, or reject the long-range plan amendment.
- If the land for the tower's location has a restrictive covenant on it (required for land acquired with regional funds), the regional park implementing agency shall amend the covenant to recognize the temporary use of the tower with any conditions required for the tower's lease and submit the amended covenant to the Met Council as part of the long-range plan amendment.
- The Met Council will consider the focused long-range plan amendment and the restrictive covenant amendment concurrently and either approve or deny them based on whether the tower will negatively affect the Regional Parks and Trails System unit. If a regional park implementing agency believes that a tower should not be placed on Regional Parks and Trails System land because the tower could not meet the conditions of this policy, the regional park implementing agency has the authority to deny the application.

- 1 Tower placement on Regional Parks and Trails System land shall be considered a temporary
- 2 nonrecreational use. As stated previously, any lease revenues for the tower easement must be used by
- 3 the regional park implementing agency to further the acquisition, redevelopment, development, or
- 4 operation and maintenance of that regional park implementing agency's portion of the Regional Parks
- 5 and Trails System. Implementing agencies are encouraged to charge "at cost" fees for public safety
- 6 radio equipment on towers located on Regional Parks and Trails System land.

#### 7 Placement of Utilities

- 8 For information about the placement of utilities policies, actions, and procedures for both regional
- 9 wastewater infrastructure and other utilities, as well as utility easement criteria, please refer to Section
- 10 Six, Action 4 of the Regional Parks and Trails Policy Plan.

# **1** Section Seven: Recreation, Facilities, and Programming

2 The Regional Parks and Trails System includes more than 60,000 acres of unique natural spaces that 3 provide a wide variety of benefits to visitors and natural systems.

Since 1974, activities and facilities in the Regional Parks and Trails System were guided by a static list
of eligible recreational activities. Today, regional park implementing agencies, in partnership with the
Met Council, seek to build upon its nature-based recreational foundation and expand into activities and
facilities that better meet the evolving needs of a more diverse audience, including youth, Black,

8 Indigenous, people of color, people over 65 years of age, and more.

9 As the region's population diversifies, there is a growing need to move toward a more flexible system of 10 recreational activities and facilities that increases equitable access to a more diverse audience. It is

- 11 important to note that the activities and facilities included in the original eligibility list remain an
- 12 important part of the Regional Parks and Trails System.
- 13 Additionally, there is a desire to provide a range of recreational opportunities that include park and trail
- 14 facilities designed with nature-based, context sensitive approaches that fit the regional setting while
- 15 improving and enhancing natural systems. Examples include skate parks with built-in infiltration basins,
- 16 green roofs, and permeable surfaces.

#### 17 Recreational Activities Evaluation Process

18 Regional park implementing agencies are responsible for conducting long-range planning to guide the

- 19 acquisition and development of the Regional Parks and Trails System. Part of this process includes
- 20 performing an initial evaluation to determine what activities and facilities should be supported by the
- 21 unit, including new types of activities and facilities. When considering whether to accommodate a new
- use, the implementing agency must first assess and connect how well the proposed activity or facility
- 23 meets their engagement findings.

#### 24 Process for Including New Activities or Facilities

If an implementing agency is interested in proposing a new activity or facility that is not included in the
current regional park or trail long-range plan, or the activity or facility requires physical changes or
construction beyond adjustments to park management rules or policies, the implementing agency
should pursue one of two paths:

- For a new activity or facility proposal not in the current long-range plan, amend the plan.
- For proposals made in a park or trail unit with a long-range plan updated within the last five
   years, the implementing agency may seek approval of the proposed activity and design through
   a formal request that includes:
- 33 o Description of the request
  - How the request fits within the regional park or trail unit and overall Regional Parks and Trails System
  - How the request meets the Activities and Facilities criteria defined in Section Seven of the Parks and Trails Policy Plan, Action 1, and included below:
  - All proposed activities and facilities for regional parks and trails should be consistent with the community engagement findings of the Agency-led longrange planning processes

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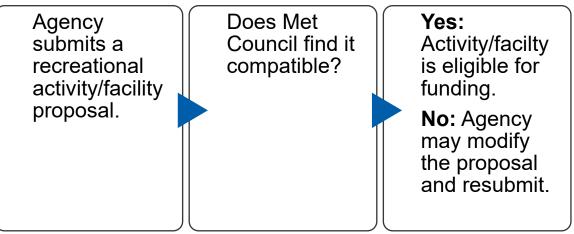
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1 2 3 4 5 6	<ul> <li>Serve a regional audience</li> <li>Should not duplicate neighborhood parks and trails systems</li> <li>Should connect and support the system's nature-based foundation</li> <li>Be compatible with the other uses and activities, minimize user conflicts, and preserve user experiences</li> <li>Be consistent with the expectations of the Council's review and approval process</li> </ul>
7	<ul> <li>Development concept and schematic design</li> </ul>
8	<ul> <li>Identification of conflicts and steps necessary for their resolution</li> </ul>
9	<ul> <li>Known opposition</li> </ul>
10	Depending on whether the Met Council find the proposal to be compatible with the above criteria, they
11	will determine if the proposal is approved, will require improvements, or be rejected completely (Figure
12 13	7). If the Council finds the proposal to be compatible, then the long-range plan/request will be approved without conditions. If the Council deems an activity or facility as incompatible, the Met Council may ask
14	the implementing agency to modify or improve the approach or design. If they deem the proposal
15	incompatible, then the Met Council reserves the right to exclude the activity or facility from regional
16	funding, including calculations of the annual parks use estimates and the agency's acreage total,
17	similar to the treatment of incompatible facilities that pre-dated the Regional Parks and Trails System.
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19	Figure 7: Recreational Activity or Facility Approval Flowchart



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# Desired outcome examples for Action 1: Increase equity in programs, activities, and places

Below are examples of how to carry out Action 1. These are not requirements, but rather examples of
 approaches that emerged during recent community engagement, research, and work group discussion.
 They illustrate what our partnerships strive for in a changing region. A static list of eligible activities no
 longer sufficiently encompasses the needs of our future Regional Parks and Trails System. To remain
 relevant and equitable, our system must continue to evolve.

- Honor cultural considerations across diverse communities in our regional system
- Continue engaging across all communities of color and other prioritized communities around their specific and personal cultural connections to parks and trails.
  - $_{\odot}$   $\,$  Remove barriers to American Indian cultural activities within parks and trails.
    - Provide access to sacred sites

1		<ul> <li>Strive to support American Indian ceremonies in welcoming, private, and</li> </ul>
2		obtainable ways
3		<ul> <li>Provide harvesting opportunities for traditional cultural practice, for personal use.</li> </ul>
4		<ul> <li>Recognize the historic exclusion of American Indian and Tribal groups from parks and</li> </ul>
5		trail systems, educate parks and trails staff and decision makers to center American
6		Indian communities in parks and trails management.
7		<ul> <li>Amplify American Indian perspectives through programming and interpretation.</li> </ul>
8		<ul> <li>Prioritize the development and use of accurate and inclusive historical and cultural</li> </ul>
9		information.
10	•	Equitable Infrastructure:
11	•	<ul> <li>Use universal design in regional park and trail facility designs.</li> </ul>
12		
13		<ul> <li>During the Lesbian, Gay, Bisexual, Transgender, Queer, Plus (<u>LGBTQ+</u>)</li> </ul>
14		Perspectives on Parks Focus Group (2023), participants stated that having
15		access to restrooms, specifically gender-neutral restrooms, in the parks is
16		important for making people feel more secure. Additionally, it is important to
17		make sure that park patrons have access to detailed information to help plan
18		comfortable outings into parks and trails. This is particularly important for
19		individuals with Attention Deficit Hyperactivity Disorder, Obsessive-Compulsive
20		Disorder, and other neurodivergent conditions.
21		<ul> <li>Ensure bathrooms with running water are available throughout the Regional Parks and</li> </ul>
22		Trails System.
23		<ul> <li>Along regional trails, provide more benches and improved lighting.</li> </ul>
24	•	Enhance wayfinding across the Regional Parks and Trails System, making it easier for visitors
25		to navigate within and across systems. This includes information that is accessible to blind and
26		low-vision visitors.
27	•	Create design practices that increase equity and inclusion, reflect the diversity of our region's
28	-	cultures and ethnicities, and promote social cohesion:
29		<ul> <li>Create signs that use Indigenized and non-Western design elements developed in</li> </ul>
30		consultation with American Indian people, youth, and historically excluded communities.
31		
32		racial representation in the Regional Parks and Trails System. For an example, see the
33		Ramsey County and Met Council partnership project that invited five artists representing
34		different racial and ethnic backgrounds to develop art that creates a sense of belonging
35		for all and advances racial equity and inclusion:
36		https://www.ramseycounty.us/content/parks-recreation-unveils-new-park-signage.
37	•	Develop park programming in partnership with affinity groups centering safety and belonging.
38		<ul> <li>Affinity groups are invitational spaces that provide safety for individuals that have been</li> </ul>
39		historically excluded, such as LGBTQ+ or Black, Indigenous, and People of Color
40		communities.
41		<ul> <li>Affinity groups are an integral strategy in the Regional Parks and Trails System, such as</li> </ul>
42		programs developed exclusively for children or women. Develop programs that are
43		specifically geared toward LGBTQ+ and Black, Indigenous, and People of Color
44		communities as an effective strategy to prioritize equity and belonging in our system.
45		<ul> <li>The findings from the LGBTQ+ Perspectives on Parks Focus Group (2023)</li> </ul>
46		recommend creating more affinity groups across the region. This approach
40 47		increases a sense of connection, belonging, and safety for LGBTQ+ park users.
47		increases a sense of connection, belonging, and safety for LODIQT park users.

1 Use Black, Indigenous, and People of Color-led media outlets to create awareness and spread 2 the word about regional parks and trails in communities of color. 3 Encourage new approaches that deliver information and marketing to Black, Indigenous, 4 and People of Color communities, especially those that do not speak English. 5 Hire more diverse staff and intentionally listen to them for insights and guidance on how to 6 increase welcoming and belonging. 7 • Encourage opportunities for support, innovation, and growth among staff that are Black, 8 Indigenous, and People of Color. 9 Involve youth as leaders and decision makers. 10 Desired outcome examples for Action 2: Build relationships between people and natural 11 systems The examples listed below are not meant to be an exhaustive list, but rather as inspiration for 12 13 implementing agencies as they plan for future programming and activity needs. 14 Our Regional Parks and Trails System is made up of a wide array of unique and complementary 15 opportunities. 16 • Not all parks and trails need to encompass the same activities, facilities, or natural 17 areas. 18 • Encourage place-based appropriateness. 19 Example: Turning underutilized parking lot into a pop-up skatepark • Provide a geographic distribution of activities and protection systemwide. 20 Stacked functions are the future: 21 • 22 • Nature and people can share space. • Promote flexible spaces that support a variety of activities. Examples include: 23 Open, grass fields in a floodplain to provide space for games, fun, and water 24 25 storage. 26 Pop-up programming. Plant forests of fruits and nuts for harvesting for personal use. 27 Community gardens. 28 29 Reuse of hard surfaces for skate parks or pop-up programming. 30 More amenities in regional trails 31 Culturally specific programs or facilities to meet shifting demographic needs. 32 • Programing is key to connecting: Support and provide leisure, educational, and programming opportunities that recognize 33 0 the way people interact with our system. 34 35 • Prioritize and program activities that are more contemplative, restful, socially or spiritually focused, or non-equipment based. 36 37 Support recreation activities that resonate with communities of color and age groups that 0 have not been well served in the past, such as teenagers. 38 39 • Hire more diverse programming staff that reflect the community. 40 Moving from protecting to restoring: Invite park and trail visitors to learn more about the natural world through storytelling. 41 42 educational opportunities, and other programming. o Increase understanding of the role parks and trails play in creating a resilient natural 43 44 environment 45 Examples: Heat island mitigation, water storage, carbon capture.

1 • Incorporate American Indian practices 2 Examples: Reintroducing bison, using prescribed fire on the landscape, and 3 promoting harvesting for personal use. 4 Improve storytelling around the benefits that parks and trails provide in increasing the region's climate 5 resilience. 6 Desired outcome examples for Action 3: Establish and broaden cross-sector 7 opportunities 8 • Promote parks and trails to play an important role in sustaining mental and physical health. 9 Shape nature-based programs to increase human connections and combat loneliness. 10 • Design guiet spaces for spiritual connections, creating a sense of awe in nature. • Create places and programming for multigenerational play. 11 12 • Partner with public health departments to co-create and fund mental health 13 programming. 14 • Use social media as a promotional tool. For example: 15 St. Paul Parks hosts "Mental Health Mondays." Their social media posts highlight how nature can increase health and happiness. 16 17 • Promote our transportation system as a viable way to connect people to parks and trails. 18 • Prioritize public transportation routes that connect to nature in partnership with Metro 19 Transit. o Strengthen active transportation connections to parks and trails with improved biking and 20 21 walking access. 22 • Create better maps and signage to highlight transit and trail connections. Use arts and culture to bring people to parks and trails, enhancing belonging 23 • • Find ways for parks and trails to honor, hire, and pay more artists to bring people to 24 25 parks for music, dance, festivals, and more. Inventory current memorials in parks and trails and clarify whose history is being told. Hire 26 • 27 artists to imagine new ways of telling broader and more inclusive histories. 28 • For example, support projects like Cloud Man Village at Bde Maka Ska, including Dakota 29 language sidewalk stamps. 30 • Encourage agencies to make art and culture plans, and to examine how to use existing and new 31 art to better connect people to the outdoors. 32 • Explore new funding sources for art. 33 Support programming to increase visitation, visibility, and connection to parks and trails. Fund • 34 programs and programmers to dream big in cross-sector ways. 35 • Create environmental education programming as a way to connect the next generation 36 to parks and trails, creating the future stewards of the system 37 • Continue to grow stewardship programs that connect community members to parks by allowing them to actively care for them, fostering deeper relationships and love for these 38 39 spaces. 40 Desired outcome examples for Action 4: Raise awareness 41 • Support, create, and provide space for affinity groups and affinity-focused programming to 42 continue growing connections between agencies and communities. 43 Regional park implementing agencies continue to grow genuine relationships and 44 financially support the knowledge, expertise, and lived experience that affinity groups are 45 bringing to our system.

- Find more ways to support affinity groups whose mission is to build trust and bring disenfranchised groups to parks and trails. Find creative ways to financially support these groups and expand this work.
  - Create more programs focused on specific communities.
    - For example, find ways to support programming for Black people, Indigenous people, People of Color, and LQBTQ+ communities as part of regular programming efforts.
- Build trust and relationships with communities of color, especially community leaders of color.
- Develop intentional communication strategies and marketing materials that center racial justice
   and demonstrate sensitivity to overburdened communities.
- Promote programming that increases awareness of opportunities and creates welcoming spaces.
  - Hire staff that reflect the racial make-up of desired audiences.
  - Provide staff cultural competency training.
  - The details of programming matters. Consult community members on matters of program times, costs, and other factors to ensure that programs are accessible.
    - Ensure that programs and engagement are done in ways that demonstrate respect and appreciation. Avoid transactional, one-time interactions.
  - Art amplifies awareness. Hire artists that look like the community members that Agencies are trying to better serve.
    - Incorporate non-Western design practices into art and culture in regional parks.

# Better Coordinate the Regional Trail System with the Regional Bicycle Transportation Network

During the Imagine 2050 planning process, the Trail System Coordination workgroup identified the
 following efforts to frame future discussions with Met Council, implementing agencies, and others.
 These conversations will occur during the 2025-2028 implementation time frame.

- Establish and regularly convene an Agency-Met Council workgroup focusing on better
   coordinating the Regional Bicycle Transportation Network (RBTN) and regional trails. Topics
   include the development of a shared vision that results in a more coordinated, integrated, and
   interconnected regional system that that is easy to use for all residents of the region.
- Improve wayfinding, including establishing minimum requirements and other low-cost solutions
   that promote a more coordinated and accessible system.
- Foster relationships between regional park implementing agencies and Met Council staff to improve communication and coordination during planning for the RBTN and regional trails.
- Build on the strengths and coordinate the growth of the existing RBTN and regional trail system
   and find opportunities to better coordinate and align the RBTN and regional trails in rural and
   exurban areas.
- Coordinate with outreach and communications staff across the Met Council and within the
   regional park implementing agencies to increase awareness and accessibility of the regional
   trail system.

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# 1 Section Eight: Finance

2 For Finance procedures, please visit the <u>Regional Parks and Trails Grant Administration Guide</u>



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