

Congestion Management Process (CMP)

Introduction

The Congestion Management Process (CMP) is a systematic, data-driven, and regionally accepted approach that aims to improve the performance of the transportation network by mitigating congestion and ensuring the reliable movement of people and goods. The CMP evaluates congestion at a system-level and includes the identification, application, and evaluation of a number of strategies used to achieve regional congestion management objectives. The strategies and objectives addressed by the CMP are based upon a data-driven approach, which is shared and communicated throughout the region. It serves as a valuable tool to address the region's transportation system performance in a manner that prioritizes cost-effective and easy-to-implement solutions. The solutions and strategies identified as part of the CMP are ultimately implemented by the Council, MnDOT, transit providers and local governments as they select projects for funding and implementation and as they operate their systems.

A CMP is required for all Transportation Management Areas (TMAs) i.e. metropolitan areas with a population exceeding 200,000. It is an on-going, continuous process that includes coordination and the sharing of data and information between regional stakeholders and partners. This defined process provides a framework for guiding the various activities of the Council, MnDOT, transit providers, and metro-area cities and counties to collectively make decisions aimed at increasing efficiency of the multimodal transportation system and reducing vehicle use by providing alternatives to driving alone. The CMP ensures that the key objective of mitigating congestion impacts is achieved and that congestion mitigation investments are properly monitored and evaluated. This interactive and on-going process of monitoring and evaluation of the impacts allows for the chosen strategies to be adjusted or eliminated over time should they not have the intended effect or another strategy proves to provide a better solution to mitigating congestion.

Given limited transportation resources, the existing transportation system must be managed and optimized to the greatest extent possible. Thus, the CMP prioritizes strategies that manage system demand, improve the operation of the existing system, and provide for multi-modal travel options. This vision is consistent with the overall goals of the 2040 Transportation Policy Plan of allocating limited resources to projects that provide the most system-wide benefit.

This chapter of the Transportation Policy Plan provides an overview of the region's Congestion Management Process and how it links to the investment decision-making within the region. The Council will produce an independent document in 2019 that will more fully detail the regional Congestion Management Process and identify work tasks to be accomplished to improve the process. The stand-alone document, the Congestion Management Process Plan, will be developed in cooperation with the Council's recently-formed Congestion Management Process

Advisory Committee and will reflect recent efforts to ensure the CMP more fully addresses the defined CMP network.

Overview of the Congestion Management Process

The CMP is an ongoing process consisting of the following eight action steps:

1. Develop Regional Objectives for Congestion Management
2. Define the CMP Network
3. Develop Multimodal Performance Measures
4. Collect Data and Monitor System Performance
5. Analyze Congestion Problems and Needs
6. Identify and Assess Strategies
7. Program and Implement Strategies
8. Evaluate Strategy Effectiveness

This chapter is not intended to provide a detailed summary of the Council's approach and current status in regard to each of these actions. Rather, those will be refined and expanded upon in the forthcoming CMP Plan. Instead, what follows is an overview of the linkages between the TPP and CMP, a summary of recent CMP-related activities, and an outline of future activities and areas that need further refinement.

TPP Framework for the Congestion Management Process

The Transportation System Vision and Performance-Based Planning chapter of the Transportation Policy Plan outlines a number of regional transportation goals and objectives that define the overall vision for the future of transportation within the metro area. While all of the goals relate in some manner to congestion management, the Access to Destinations goal (goal C) in particular provides a framework that tangibly connects the TPP with the Congestion Management Process. As described in the Transportation Policy Plan Strategies chapter, this goal strives to ensure that people and businesses prosper by using a reliable, affordable, and efficient multimodal transportation system that connects them to destinations throughout the region and beyond. The Congestion Management Process goes hand-in-hand with this goal, as the CMP is squarely aimed at ensuring the transportation system provides reliable, efficient, and multimodal connections throughout the region. Such connections greatly affect every resident of the region as they commute to work, travel to shopping centers, and perform all other daily tasks.

The Transportation Policy Plan Strategies chapter of the TPP includes strategies or actions that the region and its transportation partners will use to work towards achieving the regional transportation goals and objectives. Many of the TPP strategies are linked to congestion reduction related actions and will also be reflected in the strategies outlined in the CMP Plan. In

essence, the existing TPP strategies can serve as the framework for defining the direction of the overall CMP and will become the basis for the implementation of a coordinated regional approach to mitigating congestion.

As noted, at the time of this publication a separate document is being developed that will better define the objectives identified by the newly-formed CMP Advisory Committee in more detail, and specifically structure these objectives using SMART (specific, measurable, agreed, realistic, and time-bound) performance-based planning approaches. However, a number of goals, objectives, and strategies outlined within the Transportation Policy Plan Strategies chapter of the Transportation Policy Plan reflect the overall vision and priorities of the region in regard to the Congestion Management Process. The following TPP objectives and strategies provide the basis for potential Congestion Management Process objectives and strategies that will be further refined and reported upon in the CMP Plan:

1. Goal C, Objective A: Increase the availability of multimodal travel options, especially in congested highway corridors;
2. Goal C, Objective B: Increase travel time reliability and predictability for travel on highway and transit systems;
3. Goal C, Objective D: Mode share: increase transit ridership and the share of trips taken using transit, bicycling, and walking;
4. Strategy C5: Initiate travel demand alternatives that reduce the number of single-occupancy vehicles travelling in the region, specifically by supporting the adoption and implementation of MnPASS lanes and transit advantages that support fast, reliable alternatives along congested highway corridors;
5. Strategy C7: Manage and optimize the performance of the principal arterial system as measured by person throughput.
6. Strategy C9: support investments in A-minor arterials that build, manage, or improve the system's ability to supplement the capacity of the principal arterial system and support access to the region's job, activity, and industrial and manufacturing concentrations.
7. Strategy C10: Manage access to principal and A-minor arterials to preserve and enhance their safety and capacity;
8. Strategy C12: Invest in an expanded network of transitways, including bus-rapid transit, light rail, and commuter rail;
9. Strategy C15: Focus investments on completing priority Regional Bicycle Transportation Network alignments and eliminating system gaps; and
10. Strategy D5: Identify the impacts of highway congestion on freight movement and identify cost-effective mitigation.

Recent Council Activities that Support the Process

Based upon guidance from the Federal Highway Administration (FHWA) and the Council's ongoing mission to improve the congestion management process, the Council has performed

the following activities that support the CMP. The following pages highlight some of the recent and on-going efforts undertaken by the Council that directly benefit the Congestion Management Process.

Peer Review of the Council’s Congestion Management Process

As part of the 2016 TMA Planning Certification Review, the USDOT proposed a work plan to assist the Council in improving the Congestion Management Process. The work plan included a peer exchange, hosted by the FHWA and the Council in May of 2017. This peer exchange included Congestion Management Process experts from MPOs in St. Louis, Portland, Salt Lake City, and Wilmington (Delaware). The peer exchange provided a number of representative “best practices” from across the country and allowed Council staff to better understand how other TMAs are approaching the Congestion Management Process. In particular, the peer exchange addressed the following items:

- performance measures used by peer regions to both identify congested corridors and measure whether the implemented projects led to congestion improvement;
- investment strategies that peer regions have used to help alleviate congestion on key corridors;
- data collection processes and potential sources for key datasets;
- congestion management strategies and the process in which they were developed; and
- methods for implementing congestion management strategies to prioritize projects for funding.

This peer exchange was particularly useful in providing a number of specific methods for developing a fully-realized CMP for the Twin Cities metro area. A clear message from the exchange is that there are a number of ways in which a region may successfully implement a CMP; that is, it must be specific to the region and developed with extensive input from regional stakeholders. In particular, Council staff and stakeholders were introduced to examples of visualization techniques that graphically depict congestion in a manner which is easily digested and understood by policy-makers and the public. Over time, these techniques may develop into a “dashboard,” which could be produced annually and used to track the performance of key congestion indicators from year-to-year. Other key take-aways from the peer exchange include an understanding of how peer regions are incorporating CMP strategies into the project programming process; key data sets that can be utilized to define, measure, and track congestion; and a number of examples of multimodal performance measures that have been utilized by other regions.

Establishment of the Congestion Management Process Advisory Committee

Based in part on the peer exchange and in order to comply with federal requirements, the Council established a Congestion Management Process Advisory Committee in 2017. This Committee is comprised of technical experts and other stakeholders representing the entire

metropolitan planning area. The Committee will ensure the Council is developing CMP objectives that represent the goals and priorities of the region and serve as a critical resource for:

- identifying corridors of concern;
- defining the regional CMP network;
- steering the direction of regional performance measures;
- developing a regional data collection and sharing program; and
- developing specific CMP strategies.

The CMP Advisory Committee will be instrumental in the development of the upcoming Congestion Management Plan with regular updates to provide feedback on the Plan. In addition, and consistent to the Council's vision and federal requirements, the CMP Advisory Committee will serve as the body that guides the region's Congestion Management Process long-term. While the Committee's short-term priority will be to develop the CMP Plan, it will continue to meet at least quarterly after the Plan is developed. The Committee will direct the CMP and carry out various roles relative to implementing the strategies as well as recalibrating and adjusting existing strategies to meet the region's CMP objectives.

Defining the Congestion Management Process Network

As the MPO for the Twin Cities metropolitan area, the Council evaluates the transportation network within the Metropolitan (MPO) Planning Area Boundary. This boundary includes the seven metropolitan area counties as well as parts of Sherburne and Wright counties. Per guidance from the CMP Advisory Committee, the Council will include all principal arterials and A-minor arterial augmenters, relievers, and expanders in the region. The Council's model network extends beyond this boundary to include several counties outside of the 7-county region. An expanded model network allows for a more accurate analysis of the metro area's transportation system. This network provides the base foundation from which further analyses of transportation facilities are performed in order to identify corridors that comprise the CMP network.

The Council, in cooperation with MnDOT, has performed several analyses on the region's principal arterial system. This system is covered by the Regional Traffic Management Center, which utilizes a number of traffic control and intelligent transportation system devices. While the principal arterial system is well-defined, the minor arterial system has not been examined in as great of detail. This is a significant gap in the Council's efforts to define the conditions of the regional CMP network. In order to address this gap, the Council has committed to a number of initiatives to identify the existing conditions and congestion on the A-minor arterial system, including the following:

- The use of a pilot StreetLight InSight subscription to measure peak-hour and free-flow speeds on the non-MnDOT A-minor network. This effort will utilize the same methodology developed by MnDOT Metro District to define congestion on the MnDOT-

owned minor arterial system. The analysis will provide a much more thorough understanding of the entire metro area network and provide the Council the ability to allocate resources to address the identified problem areas. This analysis is also being used as a scoring measure to help select projects in the Regional Solicitation to receive federal flexible funding.

- The Council has programmed 2018 federal planning funds for a CMP-related study and listed this effort in the approved Unified Planning Work Program. While the specifics of the study will be determined by the CMP Advisory Committee, it will include analyses to identify problem areas and congested corridors along the local-owned system.
- In cooperation with the newly-formed CMP Advisory Committee, the Council will work with regional experts to establish a metro-wide subset of high-priority roadway corridors. These corridors will be evaluated in greater detail and identified as CMP corridors.

Performance-Based Planning Program Efforts

The strategic vision of the Council, as outlined in this Transportation Policy Plan, includes a number of strategies aimed at reducing vehicle miles travelled during peak periods and improving accessibility to areas with a high concentration of jobs. A specific work plan for implementing these strategies, however, has not yet been developed. In order to provide greater clarity to how the strategies are articulated through the planning and programming processes, the Metropolitan Council's upcoming Congestion Management Plan will accomplish the following:

- develop performance measures to define the four major dimensions of congestion; that is the intensity, duration, extent, and variability of congestion;
- further refine regional strategies to reduce vehicle miles traveled during peak commuting hours, and improve connections between areas with high concentrations of jobs and low-income households;
- identify programs and services that support access to jobs within the region; and
- identify projects and programs that reduce congestion and increase accessibility to jobs.

These efforts will be formalized in the development of a series of multimodal performance measures and targets, as well as a formal data collection and sharing plan. These performance measures will be used to:

- track progress towards meeting regional congestion-related objectives;
- identify specific corridors which require additional data collection and analytical efforts;
- assess congestion mitigation strategies, programs, and projects; and
- better communicate system performance using visualization techniques that are understandable to policy makers, the public, and the Council's partner agencies.

All of the performance measures under development will meet federal requirements, local priorities, and utilize a "SMART" approach to performance-based planning. These measures, in

turn, will be used to evaluate the performance of the Council's investment strategies towards meeting regional goals. These strategies will be integrated into the CMP Plan and the connection between these strategies and the planning and programming processes will be made more transparent.

The Council has historically tracked a number of performance measures that are related to system congestion and reliability. These were reported, in part, in previous iterations of the TPP and in the Council's Transportation System Performance Evaluation, the latest version completed in 2016. While the Council intends to continue to track many of these measures, all previous performance measures will be evaluated and vetted through the CMP Advisory Committee, and, if selected, evolved into CMP objectives using a SMART approach. The upcoming CMP Plan will outline these new performance measures, which will continue to be tracked, monitored, and reported upon on a regular basis.

Pursuant to the performance-based planning legislation established in the Moving Ahead for Progress in the 21st Century (MAP-21) and Fixing America's Surface Transportation (FAST) acts, the Council has been working with MnDOT and regional stakeholders to establish short-term regional performance targets for the federally-mandated congestion-related performance measures. State-wide targets must be established by MnDOT by May 20, 2018. The Council has 180 days after the adoption of the MnDOT targets to either support the targets to establish different targets for the metro area. The following performance measure require 2 and/or 4-year targets:

- Travel time reliability on the Interstate and non-Interstate National Highway System (NHS). Defined as the ratio of longer travel times (80th percentile) to a "normal" travel time (50th percentile). This is measured as the percent of person-miles travelled that are reliable.
- The percent of interstate system mileage providing for reliable truck travel time.
- Peak hour excessive delay. This will be measured by the annual hour of peak hour excessive delay per capita on the NHS. Per federal rules, the threshold for excessive delay will be travel time which is 20 miles per hour or 60 percent of the posted speed limit, whichever is greater, during peak travel times.
- Non-single occupancy vehicle (SOV) travel. This measure will be used to set a target for the percent of travel within the region which does not utilize single-occupancy vehicles.

Recent Studies and On-Going Strategies that Support the Congestion Management Process

CMSP IV Study

The Congestion Management Safety Plan 4 (CMSP IV), completed in 2017, is a funding program that addresses congestion and safety concerns through a process and criteria which identifies and prioritizes lower-cost/high-benefit highway construction projects on the MnDOT Metro District highway system. The CMSP IV is the fourth iteration of CMSP process, and includes a

number of refinements based upon an extensive before and after analysis of the effectiveness of previously-implemented solutions. The solutions identified in the CMSP are typically lower in cost and smaller in scope than traditional highway investments, and can be delivered quickly, simply, and with less disruption to traffic along the corridor.

Phase 4 of the CMSP reflects the changes to the MnDOT Metro District highway system over recent years. It includes travel time reliability, the variability of travel time for system users, as a key performance measure for evaluating projects. The CMSP IV recommended, in particular, that the Council focus more attention on potential projects on non-freeway routes to take pressure off the principal arterial system. This coincides with continuing efforts to gain more rigorous data and better understand congestion patterns on the A-minor arterial system.

Principal Arterial Intersection Conversion Study

This study, completed in February of 2017, examined over 370 intersections along the region's non-freeway principal arterial network in order to determine those that are the highest priority for grade-separation projects. Of all the intersections, a selection of 91 at-grade intersections were identified and subsequently classified into three tiers – high, medium, and low – for investment prioritization. The identified intersections, and in particular the 34 high-priority intersections, will be incorporated into the Council's transportation planning and programming efforts.

The results of this study directly support the CMP by providing a region-wide analysis of interchange conversions that would have the greatest positive impact on relieving system congestion. The intersection priorities have been incorporated as a scoring criterion for the Regional Solicitation and will support other MnDOT and Council funding programs.

MnPASS System Study Phase 3

The MnPASS System Study Phase 3 is a study which outlines the region's MnPASS system vision and determines a prioritized list of corridors for which to incorporate MnPASS lanes. It examines person throughput, travel-time reliability, vehicle speed, VMT, and the cost/benefit analysis of potential MnPASS lane incorporation, in order to identify the corridors that would benefit the region most.

The MnPASS System Study directly supports the Council's CMP efforts by promoting high-occupancy vehicle travel; reducing congestion during peak travel periods; and incorporating greater reliability into the regional transportation network. MnPASS provides a reliable alternative to congested travel for transit, high-occupancy vehicles, and those willing to pay.

Travel Behavior Inventory

The Travel Behavior Inventory is a program of travel behavior research and transportation model improvement. The program includes a biennial regional household travel survey, which will enable tracking of person-based performance measures, including mode share. Future

improvements to the regional model will be targeted to improve the ability to forecast key CMP performance measures.

Highway Systems Management

Highway systems management (freeway management system) is a broad term used to describe the infrastructure and traffic operation technologies that are used to improve mobility and reduce congestion within the metro area. A freeway management system and arterial traffic management system are important to achieving the most safety and mobility benefits for users from the large capital investments agencies have made in highways.

A freeway management system can include monitoring traffic conditions, relaying real-time information to travelers and more direct action on the efficiency of highways. Monitoring of traffic is often done through cameras and various types of automated measurement tools. Providing real time information to travelers can be done through dynamic signs, websites and in-vehicle alerts. Directly acting to improve the efficiency of highways can be accomplished through tools such as ramp meters, emergency response capabilities, coordinating information and activities with various first responders, and through planning work zone activities with traffic demands in mind.

An arterial traffic management system might use similar monitoring of traffic conditions and relaying of real-time information to travelers however the direct actions that can aid efficiency differ in some ways. Similarly work zone planning, emergency response and coordinating with first responders can be effective but coordinating traffic signals on arterials is fundamental on arterials. The newest technologies support constant monitoring and almost constant updates to signal timing for maximum efficiency at all times.

2018 Regional Solicitation

Specific changes were made to the 2018 Regional Solicitation that further the existing CMP include the following:

- Integrated the results of regional prioritization efforts into the project scoring including the following:
 - Principal Arterial Intersection Conversion Study
 - Congestion Management and Safety Plan IV
 - Highway Truck Corridor Study
- Increased the maximum federal award for Travel Demand Management (TDM) projects to enhance the potential impact of these investments.
- Required applicants to optimize their signal systems as part of the no-build to ensure that the corridor has been retimed prior to spending federal funds on large roadway expansion projects.
- Evaluated projects using Streetlight InSight's speed data to measure congestion levels on the non-freeway principal arterial and A-minor arterial networks.

All of the aforementioned studies and strategies illustrate a regional, systematic, and data-driven approach in cooperatively assessing the region's needs and identifying higher-priority areas of the transportation system. In short, these studies and strategies directly support the Congestion Management Process, and their outcomes and recommendations will be incorporated into the CMP Plan by assisting in defining the CMP network, developing regional objectives, and ultimately will be utilized in programming and implementing projects which support the region's CMP strategies.

Next Steps and Future Council-Led Activities

As previously noted, this chapter of the Transportation Policy Plan provides a broad overview of some of the CMP-related activities the Council performs, while simultaneously outlining the current short-comings and how these will be addressed over the next year. While much of this will be determined cooperatively with regional partners through the CMP Advisory Committee, other improvements will be developed internally and communicated in greater transparency and detail in both the upcoming Congestion Management Plan and other future documents. Outlined below are the specific steps the Council will take over the course of 2018 to develop a more comprehensive and robust Congestion Management Process.

Develop a Regional Definition of Congestion

Presently, there is no universally agreed-upon definition for congestion within the metro area. Both the Council and MnDOT have typically defined congestion as peak travel time speeds that are either less than 45 miles-per-hour or 60% or less than the posted speed limit. However, other congestion measures have been used in various reports and studies performed by the Council and by MnDOT. While all of these measures are appropriate and valid mechanisms for measuring congestion, it is essential that the region mutually agree to and define a universal methodology for defining congestion within the entire Twin Cities metro area. While no one measure is perfect, the Council and its stakeholders must agree to a congestion measure that is appropriate for the unique context of the region.

By jointly agreeing to a regional definition of congestion, the Council and its regional partners will be able to evaluate the entire roadway system in a universal manner and gain a true understanding of priority corridors. This will allow the region to agree upon what is "unacceptable congestion" and set appropriate objectives to mitigate congestion in key corridors.

Develop Regional Congestion Performance Measures

Previous iterations of the TPP have outlined a number of performance measures the Council proposed using in order to identify congested corridors and monitor system performance. Many of these were developed prior to MAP-21 guidance, which provides specific congestion performance measures. Due to the release of the final rule regarding congestion performance measures and the inconsistent use of proposed congestion-related performance measures, the

Council will work in conjunction with the CMP Advisory Committee to develop regional multimodal CMP performance measures for the CMP Plan.

The performance measures will:

- be based on SMART objectives;
- address the four dimensions of congestion (as described in the Performance-Based Planning Program Efforts section of this chapter);
- focus on the movement of persons and goods instead of vehicles; and
- be selected based on their ability to effectively communicate system performance to the Council's stakeholders and the public.

The performance measures will be included within the CMP Plan.

Assess Congestion Management Process Strategies

In order to more effectively manage congestion and optimize solutions, the Council needs to more thoroughly evaluate whether the region's CMP strategies have had the intended positive impact on congestion. This includes an analysis of not only project-level impacts of strategies, but also an evaluation of whether alternative strategies could have had a greater impact and/or a better benefit-to-cost ratio. The Council will, via the Congestion Management Plan, develop a data-driven mechanism to quantify and better assess strategy effectiveness. The Council also recognizes that the CMP strategies need to be more effectively communicated with regional stakeholders and the public, which will be accomplished via the CMP Advisory Committee and the Congestion Management Plan.

In 2018, the Council will also start a project to assess the effectiveness of past funded Regional Solicitation projects. The results of this effort will help the region better track the performance of these investments over time. It will also allow the region to adjust prioritization measures used to select projects. Finally, the study will provide insights as to the project types that lead to the outcomes through performance targets that are desired by the region.

Integrating Congestion Management Process Activities into the Project Prioritization and Selection Processes

While the Council has traditionally integrated congestion into the project selection process, more transparency is needed to show how the CMP factors into project selection. The Council recently included a number of criteria that will specifically prioritize projects with CMP-elements within the 2018 Regional Solicitation update. The specific linkage between projects that directly support congestion and how these are integrated into the overall programming process is not expressly defined at present. This will be a key topic to be addressed in detail in the forthcoming Congestion Management Plan and will be a priority issue that to be discussed with the CMP Advisory Committee.